

# What actually is Diksha?

**-By Tantra Siddha Maha Yogi Dr.Rupnathji**

It is a subtle transfer of the divine energy of a Guru into the heart, soul and body of a disciple. This pure energy initiates a process of change in the person which ultimately leads to destruction of all evil and negative tendencies, and spurt of creative and positive powers which encourage him to strive for the highest and best in both the spiritual and material fields. When the Guru gives Diksha a flow of energy takes place from Him to the disciple, which can be in any form – spoken words in the form of Mantras, subtle radiation emitted from the eyes or gentle warmth from a touch on the forehead with the thumb. But the Sadguru is not limited to these means. Instead He can transfer His energy across continents and give Diksha through the medium of a photograph as well. But Diksha cannot be had so easily as it seems. Firstly only when one's good luck is running does one have the inclination to go in for spiritual initiation. Then secondly one has to find or come across a real Guru who can transform one's life. And even if one does one has to devote oneself fully to benefit from the Diksha.

## Importance of Diksha

Diksha is the foundation of every kind of worship and penance, therefore a Sadhak must always avoid long methods and adopt the easy way. Receiving Diksha is such a way. A Guru who cannot grant Diksha is not fit to be a Guru, he is a fraud. An Ashram without the tradition of Diksha is just like a desert. Unless there is arrangement of transferring spiritual energy, it cannot be called an Ashram. A real Guru is the one who knows the methods of Diksha, because it is the only power which transfers knowledge and wisdom into the disciple. Even though he is sinful, he is freed from all bondages. In fact Diksha is the greatest treasure, boon of life, basis of the fusion with Shiva and a system by which a human being transforms into Maheshwar. The Sadhak not only achieves divinity, but also gets Gurudev's power.

## Diksha, initiates the flow of true life

What is meant by Guru? The task of the Guru is to fuse himself with the soul of the disciple, so that his inner faults are demolished as quickly as possible, thus converting him into an enlightened being. The Guru can do this either by preaching, by giving Diksha or by the transfer of energy. First of all the Guru preaches about the original state of the disciple. In fact the

disciple is full of faults and sins. He is totally impure. His soul is affected by all such shackles. As a result he comes under the influence of Maya, which is a barrier to his success in Sadhna and realisation of God. The Guru shows us that such kind of animal life is useless. The God has given us human form not to waste our life, but to know our potentialities. Only by wisdom can we understand how to make our life holy and sanctified. This wisdom itself is known as Diksha.

## Diksha: A process of purifying life

Now a question arises, what the disciple must do to receive Diksha and the steps by which he must proceed? Is it necessary to take Diksha periodically or only one Diksha is enough? Can the Sadhaks given to pleasure make their lives pure? Can people living in adverse circumstances free themselves from the bondages of attachment, pleasure and sin? Can a person avoid doing undesirable deeds? It is not at all possible for a normal person to avoid such things. He has to literally struggle for the achievement of worldly happiness. He cannot live on wild-berries in a jungle. It is his wish to perform pure Sadhnas and to be successful in them, even when he is living in adverse atmosphere. He wants to make his ambition come true with the help of Sadhnas. It is possible because whenever the disciple thinks about Sadhna, it is clear that he has respect for Gurudev, has faith in the energy of Mantra and the techniques of Tantra, and thus wants to place, their fused energy i.e. Yantra, in his house, so that his wealth and success increase. I have already cleared that Diksha is the greatest boon of our life, a charity given by Guru which is useful in laying the foundation and upbringing of life. Diksha is differentiated into three categories according to the Tantra scriptures: 1. Shambhvi Diksha 2. Shaakt Diksha 3. Mantri Diksha But these Dikshas are only suitable for people who have devoted their lives to Tantra. Hence they cannot lead a family life.

## Stages of Diksha

The first Diksha a Guru gives is called Guru diksha in which the Master takes upon Himself all responsibility of the disciple. But this is in now way a one way process. If the Guru assumes total responsibility it also becomes the duty of the disciple to devote himself fully in the feet of the Guru, to immerse himself in His love, to have full faith in Him and to regularly chant the Guru Mantra given by the Guru as specified by Him. This might seem a very easy thing to do but it is most challenging to keep up with this practice lifelong. And this regular spiritual communication proves to be a very subtle yet strong link between the disciple and the Guru through which all desires, problems, thoughts of the disciple are conveyed to the Guru and thus it enables Him to transmit solutions, suggestions and warnings regarding future dangers back to the disciple. The more one devotes one self in the Guru after having had this Diksha the more benefit one gets of the immense divine powers of the Guru. Then besides Guru Diksha the master can give many more Dikshas depending on what specific problem one faces in life or what sort of success one desires in life. Among some of such Dikshas are Lakshmi Diksha for wealth, Manokamna Poorti Diksha for fulfilment of wishes, Kundalini Jagran Diksha for spiritual upliftment and activation of Kundalini, Kayakalp Diksha for perfect health, Sheeghra Vivah Diksha for quick marriage, Sammohan Diksha for a hypnotic personality, Karya Safalta Diksha for success in some particular task, Sarva Baadha Nivarann Diksha for riddance from specific problems, Shatru

Daman Diksha for victory over foes in disputes etc. Thus it can be seen that there are Dikshas for all purposes and through them the Guru transfers a particular type of power which enables the disciple to overcome the very problem he faces. The power transferred by the Guru also acts in another manner when it nullifies the evil effects of his past Karmas, bad stars or misfortune that are causing him or her trouble. And once this happens then not only is the problem easily solved rather one makes swift progress in life. Besides Sadhanas for material gains there are Dikshas for the specific purpose of spiritual upliftment too. Such Dikshas ensure success in Sadhanas and Mantra rituals and could enable one to have the divine glimpse of one's deity. But this does not imply that once the disciple obtains Diksha, he should feel that now rest of the task, of soul awakening, is of the Guru and neither should he start to lead a life of indulgence. Just as a body is cleansed daily by taking a bath, the same way in order to cleanse the soul and to enlighten it, it is necessary to keep obtaining new Dikshas. When a Guru feels that his disciple wants to get success in Sadhna through his continuous service for the Guru and he has also performed some Sadhna practices but due to certain reasons he is not getting success in his Sadhna. The reason for his failure may be the influence of his previous life or he may be committing some kind of error during Sadhna or he may not have concentrated his mind thoroughly during Sadhna, necessary for success. In a nut shell this implies that the disciple is facing failure in his Sadhna due to some obscure reasons and his body has not yet attained as much spiritual strength as is essential for the achievement of success. In that situation, a Guru with his kind grace imparts in his disciple, forcibly, some power of penance and spiritual strength assimilated in his own body so that the disciple is able to achieve full success or Siddhi in the field of Sadhna practices.

## Types of Dikshas

The scriptures have quoted many different Dikshas covering the variety of spheres in life. Different people, with different desires and wishes can take recourse to different types of initiation. Each Diksha has many stages. Some of these Dikshas (Books on Dikshas Written By Siddha Yogi Rupnathji) are-

1. **Guru Diksha** : This is First Diksha of every people who enter the Shadhana Marg.
2. **Gyan Diksha** : To attain extraordinary knowledge and increase in brilliance.
3. **Chakra Jagran Diksha** : A Diksha to awaken all "Shata Chakras" (six chakras).
4. **Vidya Diksha** : To transform an ordinary child into intelligent being.
5. **Shishyabhishek Diksha** : Complete surrender of oneself to become a perfect disciple.
6. **Kundalini Jagran Diksha** : An extraordinary personality can be attained by this Diksha having seven stages.
7. **Garbhastha Shishu Chaitanaya Diksha** : To enlighten an offspring in the womb.
8. **Shaktipat Yukt Kundalini Jagran Diksha** : Transferring of Guru's Tapa-Energy into the disciple's body to attain the "Ultimate Truth" of the life.
9. **Dhanvantri Diksha** : To attain the perfect state of health.
10. **Sabar Diksha** : To get success in a Tantrik Sadhana.
11. **Sammohan Diksha** : To acquire extraordinary attraction in the body.
12. **Sampoorn Sammohan Diksha** : To acquire the art of attracting everyone.
13. **Mahalakshmi Diksha** : To get the monetary benefits and attaining prosperity.
14. **Kanakdhara Diksha** : A Diksha for incessant flow of money.

15. **Ashta Lakshmi Diksha** : A special Diksha to get unusual opulence.
16. **Kuber Diksha** : To attain the riches and prosperity permanently.
17. **Rin Mukti Diksha** : To get rid of debts.
18. **Chaitanaya Diksha** : A Diksha to invigorate and to attain full enlightenment.
19. **Sadhana Diksha** : To link the previous birth Sadhana to this birth.
20. **Tantra Diksha** : To get success in Tantrik Sadhanas.
21. **Shighra Vivaha Diksha** : For early marriage.
22. **Jagdamba Siddhi Diksha** : To please the goddess Jagdamba.
23. **Kaal Gyan Diksha** : To attain the knowledge of Time (Kaal).
24. **Panchanguli Diksha** : To get perfection in the palmistry.
25. **Anang Rati Diksha** : To attain beauty and youth power.
26. **Aakash gaman Diksha** : The soul travels in the sky by this Diksha.
27. **Shodasi Diksha** : A diksha for attaining sixteen Kalas "Tripur Sundari " Sadhana.
28. **Ganapati Diksha** : To please the Lord Ganapati and getting their special blessings.
29. **Mahakaali Diksha**
30. **Maa Taara Diksha**
31. **Mahavidhya Diksha**
32. **Kaam Dev Diksha**
33. **Shiv Shakti Diksha**
34. **Kaal Sarp Yog Dosh Naashak Diksha**
35. **Mahamirtunjaya Diksha**
36. **Bhairav Diksha**
37. **Bhairave Diksha**
38. **Hanuman Diksha**
39. **Shamshaan Shaadhna Diksha**
40. **Purv Janam Dosh Naashak Diksha**
41. **Bagalamukhi Diksha**
42. **Putra Prapti Diksha**
43. **Kamala Diksha**
44. **Shatru Mukti Diksha**
45. **Chosat Yogni Diksha**
46. **Laxmi Ganesh Diksha**
47. **Shri Mahamrutunjaya Diksha**

## Diksha: when and which

There are no auspicious or inauspicious moments as far as the Guru is concerned and whenever a person approaches Him with full faith and some problem to be solved a true Guru would never hesitate to give Diksha. But as far as the disciple is concerned for him the best moments are when he has fully devoted himself in the Guru, for then if he obtains some Diksha he is able to imbibe the flow of energy fully. Also although one should feel free to relate one's problems openly to the Guru, yet it is always better to let the Guru decide which Diksha would suit one the best because a Guru can easily peer into the future and He would be more aware than the disciple how the latter should be equipped to tackle the current problem and those that might arise in the future. **Although Guru Diksha links one subtly to the Guru's soul still from time to time one**

**should personally meet the Guru even though one might not be facing any problem. And if the Guru suggests some Dikshas it means that He wishes to prepare you for some future eventuality. So never hesitate to take the Diksha even though at present you might not feel it to be necessary.** Without doubt Diksha is the greatest boon of life and through it one can not just fulfil one's worldly wishes rather one could also attain divinity. Another very important purpose of Diksha is to ensure success in Sadhanas or Mantra rituals. If one has had Diksha before one starts some Mantra or Tantra Sadhana then success becomes 99% assured, for the Guru takes upon Himself the responsibility of making one succeed. By putting in just 1% effort one could thus achieve success in a Sadhana amazingly fast. The boons of Dikshas are limitless and one could go on enumerating them till ever. In short this is a quick, easy and unfailing path to success and glory in life provided of course one has unmoving faith in the Guru and His powers. Guru Diksha is the initial, starting base. Special Diksha means that you can get your desires and wishes fulfilled through it – like getting rich, famous, popular, getting a good life partner, good children etc. In short whatever you wish for can be fulfilled only through special Diksha. However, taking Diksha once is not enough. One might need to take Dikshas again and again to achieve success, as each time, it will remove some past bad karmas and one might have a big stock of past bad karmas. It is preferable to take Diksha in person, but taking Diksha on a photograph also has some good effects.

## **Shaktipaat Diksha**

This procedure of transferring the spiritual power is termed as Shaktipaat. This procedure is not so easy as it appears. A Guru also acquires spiritual power with tenacious efforts and then accumulates it inside his body. This procedure of transfer of spiritual strength can be accomplished only by a Guru, whose intension is to uplift his disciple in every aspect, to provide him totality and to give him strength so that the disciple can emerge successful in his Sadhna and can realise the authenticity of Mantra and Tantra. The disciple can also conquer his material obstacles through his divine powers and in this way can attain fulfillment in his life. Shaktipaat Diksha is one of the most powerful forms of Diksha. The Guru through His gaze or by touch of His thumb on the Third Eye of a disciple activates certain points in this part which enable the latter to gain much in the area related to that particular point. There are actually 32 subtle points on the spot known as the Third Eye on the forehead. 16 of these relate to spiritual accomplishments and 16 to material accomplishments. Very similarly there are 16 points of each in the Thumb of the Guru and by matching similar points in His thumb and on the forehead of the disciple Guru can activate all or some points and bestow specific benefits on the disciple by making some of His energy to flow into a specific point or points. Only the Guru knows well which point has to be pressed in which way so as to help the disciple gain what he wishes to. This process is actually nothing but the Guru's method of transmitting His divine energy through the Third Eye into specific centre's on the Kundalini of the Sadhak. Every centre of the Kundalini has special powers and if even one capability is awakened it can prove enough to make a disciple uniquely successful in life.

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**Maha Veepreet Vashikaran**

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**Aghor Vashikaran**

\*The world of Projections:-

A perfected being now understands the unreal world in the real sense. The sthula and sukshma sacrifices with the level of karana being understood, one visualizes the world in its right way. Now he sees his own sthula as a mere projection of the limited ego with the attributes derived from karana. The ego since it's the strongest identification of one's limited state will make the projection visible to the ordinary levels and present the sthula as a reality. The rasa, guna and the tatwas are all in ratio as per the accounting of karmas with the karana sharira. The sukshma thus loses its true nature and projects the body as its state.

The state of projection is different with luminous ones, ethereal beings, human beings and lower order beings like animals etc. Let the focus on the human beings and lower order beings.

When the projection for the sthula is determined, it needs a center for interaction and confinement. The mind is formed as the epicenter of these two facilities. The mind process continuously the interactions of sthula projection and also eclipse the one from the true nature. The developed level of karmas and the ability to think (the one who thinks is called manava) makes the sthula representations varied in manifolds. Even from the mere color of skin to the nature of interactions and tastes, the sthula projection expresses complex variations in traits. The birth of an individual is there for only happens when a suitable couple projects their immense desire to have an offspring. :)

When we look at animals, they have a less developed mind and hence they are similar in the projections to a major extent. The lesser the level more similar the projections.

This reality explains every phenomenon and validate whatever science invented and yet to invent in future. Apart from as Sthula projection, the karana also projects in the subtle realms also. The projection known in the visible realms alone restricts the interaction of existence. The karana projects in the subtle realms also to fulfill the karmic debts. These soft projects are subtle and hence seldom noticeable by the ordinary mortal being. The preference of a particular place to a immediate bonding with strangers are phenomenon which is created by a soft projection.

Since the individual have no understanding in this karmic interaction, he/she just is a spectator to these events. The cosmos is just the present reality of the beings in the same levels of



projections. The rules are common among them. The visualizations are common among them. The imaginary dangers are common among them. Every feeling which is experienced by the manifested gunas through the medium of five basic elements are also common. But based on the nature of gunas, one may feel differently with other based on a moment or projected situation.

In the microcosmic level, the limited self with its level of reach identify with a certain level projection; a certain world. In macrocosmic level, the collective projections webbed by the level of consciousness in the specific dimensions forms the cosmos. The events of the specific world is determined by the grand scale projection of the consciousness in that level. And those limited selves who have a karmic debt interacts in that level of world with their respective projection and experience the results of the same. Thus the dvaita and advaita philosophy is merged at this understanding. Being the one as consciousness and Being dependent on the consciousness to stay with the one. :)

Like this cosmos, there exist many worlds. There exists many levels of manifested consciousness and transcending from one level to another cannot happen with the complete microscopic control of being in sukshma, sthula and karana levels alone. It requires skills beyond that.

## **The Hidden Powers in Humans**

Humans are the most highly evolved of all living beings, and thus have the unique intellectual capacity to resolve the problems and overcome the difficulties that confront them within their environment and their destiny. Therefore, they are the only creatures on earth that are in a position to comprehend the course of events and their inter-relationship, and to feel sympathy and understanding for others. However, innately, there also exists an even more wonderful and miraculous potential, the existence of which is hidden from most of us. As we begin to activate this inner energy source we can utilise these dormant powers for our own well-being and for the blessing of the whole world.

Through Yoga we are able to awaken these inner power centres and make them accessible. With the help of these dormant energies it is possible for us to achieve what we so dearly desire; a purposeful existence living in peace, harmony and happiness. Through these power centres we get in touch with the spiritual powers in the cosmos and recognise our original nature, our true Self.

Yoga means “union”. Yoga teaches us to live in unity and harmony, with tolerance and respect for all living beings in the natural world. Yoga Masters throughout the whole world endeavour to create unity amongst all humans, which is a prerequisite for world peace.

Yoga is more than just a system of physical exercises - it is a science of body, mind, consciousness and soul. It is the source of all wisdom and all religions. Yoga makes it possible for every human to discover the real purpose of life and their own true nature. Those who have recognised and experienced their own inner truth will never again wage war or use force against others.

Yoga leads us to an understanding of our oneness with all living beings and the whole of creation. We learn that every injury we inflict on another inevitably comes back to us; that every positive action and every positive thought brings happiness to others as well as to ourselves.

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