

Manifest your destiny with kalpataru.

Existence showers. If you choose to enjoy it, you will. Because of lack of awareness in you, you simply make unconscious decisions and land up complaining about Life. Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji has created a transformative meditation program called Kalpataru which bestows upon each individual the energy to imbibe the right intention, and align every action with the intention.

Shastrishree Rupnathji(Dr.Rupak Nath) is a Tantra Siddha Maha Yogi since his birth. He is the master of ashta siddhis, radiant light of Yoga knowledge, salvator for mortal beings on earth and capable of giving them the divine experiences, master of masters, immortal. His birth was predicted thousands of years ago in Nadi Grantha."A Yogi is greater than an Ascetic, greater than an Empiricist and greater than the fruitive worker. Therefore, in all circumstances be a Yogi and to be a Yogi search for a Real Satguru by mercy of whom a soul engaging itself with sincere endeavor in making further progress being washed of all contaminations in due course of time, ultimately attains the supreme goal i.e. SALVATION."Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath)'s life is surrounded with numerous stories about miraculous deeds he has performed. There is no any doubt that Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) is highly realized yogi who has acquired many Siddhis and have the miraculous powers on his disposal, which he used discriminately only for the propagation of Dharma. Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) commanded respect for yogis at every place he has visited, and his ways to make this happen is very unconventional, Unpredictable and incredibly powerful, Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) is as alive God amongst people, who knows the past and future and who able to bless and punish, both things which he frequently used to do. Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) is highly spiritual person, and for him there is no any difference between mighty Kings and simple people, as well as between gold and stones. Since young age Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) has been famous for performance of different miracles and there exist lot of stories connected with his childhood, which is impossible to mention in this short space. The life of Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) is full of so many different miracles he has performed, that it is impossible to mention all of them in this short article, for a separate book would be required to mention all of them.

Siddha Yogi Rupnathji has Vak siddhi meaning whatever he says has the power of turning into reality. Vak means speech or voice, so Vak Siddhi literally means accomplishing a pure ability to use words. Attaining mastery of it, Siddha Yogi Rupnathji gains the ability to make changes to the physical material universe. Vak siddhi depends upon pure intentions. Vak siddhi means whatever one speaks turn to be true. Yes, God only gives power to those who have pure intentions and the feelings of harmlessness to everyone. Practicing Satya will bring one naturally to Vak Siddhi. "The word is a force;

it is the intent. That is why our intention manifests through the word no matter what language we speak.” The vak siddhi gave Rupnathji the power to make whatever he say or think turn out to be true. In other words, Siddha Yogi Rupnathji got the power to accomplish things by mere thought. This is also known as psychic speech. Using ‘Saraswathi siddhi’ (the siddhi by which the essence of great scriptures becomes known to him) along with 'Vak siddhi' (the siddhi of superlative communication) Siddha Yogi Rupnathji can cast a strong impression in the minds of people as regards imparting knowledge and virtue to them. People who hear the words or read material written by the Siddha Yogi Rupnathji proficient in this siddhi become mesmerized and willfully compelled to follow his instructions or directions. Siddha Yogi Rupnathji is so impelled and charmed by the vivacity and clarity of the words that they immediately consent from within to abide by his advice. Knowledge and truth flow seamlessly and effortlessly from the mouth of Siddha Yogi Rupnathji like the clear waters of a free flowing river. There is great impact on people when he uses this siddhi. Using this siddhi, Siddha Yogi Rupnathji can turn a non-believer of God into a believer, a worldly man into one spiritually minded (if possible in the recipient's karma). With his words, he can turn an evil and dishonorable person into one who adopts the principles and tenets of ‘Dharma’ (righteousness). It is not possible for people to find fault or go against the teachings of such a Yogi, for his words are a reflection of ‘Saraswathi’ (The goddess of knowledge) and backed by the absolute truth of Brahman (Almighty). Siddha Yogi Rupnathji possesses the ability to bestow the eight siddhis and the [[nava nidhi]] (nine types of wealth).

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May all your dreams come true

Many people dream of a life they wish they were living. A full life with friends, family, health, wealth, free time, vacations, a nice house in a beautiful location filled with comfortable furnishings, a reliable, safe, stylish car and many other things. All this will make a person happy, at least that is what many people believe.

An ancient understanding of attracting the desired life is Kalpataru or wish fulfilling tree.

How does one get these dreams to come true? Will achieving these dreams and desires lead one to experience fulfillment, a fulfilled life? One can learn and experience the principles of attracting not just the desired life, but the truth of one's life, the highest potential, based on the ancient science of Vedic teachings combined with new scientific understandings. An ancient understanding of attracting the desired life is Kalpataru or wish fulfilling tree. The word Kalpataru is from the Sanskrit language with kalpa meaning wishing and taru meaning tree. The Kalpataru Tree is known throughout India as the wishing tree, the tree with the ability to fulfill people's wishes and desires, to strengthen one's true desires and make it into reality. How does this work?

Align your actions with your true intentions

Ancient Vedic sciences teach that each person is the creator of his/her own life.

Quantum physics' theory of a participatory universe and the ancient Vedic sciences teach that each person is the creator of his/her own life. Each person is the author or script writer of the events in their life and teach that a person has a choice about whether to judge the event as pleasure or pain, happiness or unhappiness, joy or sorrow. Perspectives of consciousness, science and spiritual principles leading to the creation of one's life are presented from five of the 100 Most Spiritually Influential Living People as listed by Watkins Magazine:

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji says: Existence showers. If you choose to enjoy it, you will. It is purely your choice. You choose wrongly and then complain or blame someone else. Remember, no one is responsible for anything that happens to you. Everything is a conscious choice that you make unconsciously. Because of lack of awareness in you, you simply make unconscious decisions and land up complaining about Life.

Gregg Braden: Our destiny is in our hands, minds, consciousness, and that the Divine Matrix is affected by every thought and feeling we have. The quantum physics principle of a participatory universe states that there are infinite possibilities for our lives in any moment, until we choose.

Eckhart Tolle, A New Earth: You don't need to own anything to feel abundant, although if you feel abundant consistently things will almost certainly come to you. Abundance comes only to those who already have it. It sounds almost unfair, but of course it isn't. It is a universal law. Both abundance and scarcity are inner states that manifest as your reality.

Bruce Lipton, in a conversation for "What if it really works?": When I tell people you create your life, this life, they say NO! I wouldn't create a world of war and hunger and violence. I tell them, you let go of creative control, you bought into other people's beliefs. It's time to Wake Up that we have bought other people's truths and other people's beliefs and manifested their world, rather than coming with our own beliefs. When we give up our power in order to buy other people's knowledge, then we bought their reality and we manifest their reality! You are spirit – consciousness. You have a body. You came to this planet to manifest creativity and experience the planet through the senses of the body. We are here to manifest Love on this planet. And when we come together and love manifests on this planet we are already engaged in the next higher level of human evolution.

Deepak Chopra, The Way of the Wizard: Ultimately it is your understanding that is going to change your reality. What is a thought experiment? It's a way of leading the mind into new places, making it see things differently. The wizard knew something deep and important – if you want to change the world, change your attitude toward it. (Chopra explains that in India, wizards are known as gurus)

Awareness of the fact that each person is a creative being that affects his/her own individual world and experience of the world as well as contributing to the planetary reality and experience of the world is the first step to manifesting the life one desires. Then bringing that awareness to thoughts, choices, actions, beliefs and responses to the environment allows conscious right wishes and desires to be created. When a person aligns his/her actions with his/her truest intentions, these right wishes and miracles start to become everyday reality.

Kalpataru – The wishing tree of India

The mythological, divine, wish fulfilling tree called Kalpataru has a long history in India. References to the Kalpataru go back to the ancient myths of India and can be seen in this carving.

The origin of the Kalpataru Tree comes from a Hindu tale called Churning of the Ocean of Milk.

The origin of the Kalpataru Tree comes from a Hindu tale called Samudra manthan or Churning of the Ocean of Milk. This story is one of the most famous episodes in the Puranas (Sanskrit referring to religious texts). The story appears in the Bhagavata Purana, the Mahabharata and the Vishnu Purana. It is a captivating tale with many layers of meanings. Indian mythology says that the actual Kalpataru tree was created by the churning of the ocean of milk.

In one version of the story, the Devas and Asuras, a group of power-seeking deities, had only one desire – Immortality. Vishnu, the Hindu god known as the Supreme Being, preserver of the universe, told the Devas and Asuras that the only guarantee for immortality was to churn the Cosmic Ocean or Milky Ocean. The Devas and Asuras formed two teams with one team on each side of a long rope wrapped around a pole. As one team would pull, it would cause the pole to turn one way, when the other team would pull it would cause the pole to turn the other way, thus resulting in a churning effect. To do the churning, they used the Serpent King, Vasuki as the rope wrapped around the churning pole called Mount Mandara. The whole set-up was placed on the back of a Great Tortoise called the Kurma Avatar of Vishnu. In this way, they churned the Milky Ocean.

As the Devas and Asuras (demons) churned the sea, a terrible poison flowed out from the depths of the ocean which engulfed the whole universe. Shiva, the Hindu god known as the creator and destroyer, was approached by the Devas and Asuras to help them. Shiva took the poison into his throat and swallowed it, turning his throat blue. It was then that immortality emerged from the ocean along with many other treasures which included the Kalpataru tree. The Kalpataru tree was taken by Indra, the leader of the Devas, to his paradise.

Science of Kalpataru – fulfilling wishes – creating reality

When positive thoughts were used the water formed beautiful crystals..

The words, thoughts and sounds people make are powerful. The work of Dr. Masaru Emoto, a Japanese scientist, shows through experiments, the effect of sound and thought on water. Water samples were exposed to varying types of music, talking, scriptural reading, etc. When positive thoughts and healing music was used the water formed beautiful crystals. When the water was subjected to negative feelings,

thoughts, music and words, the water formed irregular dark structures. His work is published in his book, *The Hidden Messages from Water*. The human body and the Earth are more than 70% water – imagine the effect of the individual thought patterns and words as well as the collective thought patterns on our Earth and physical body!

As demonstrated by Dr. Emoto, the ordinary person has the capability to influence water by his/her thoughts and words.

As demonstrated by Dr. Emoto, the ordinary person has the capability to influence water by his/her thoughts and words. The enlightened Masters are pure consciousness with no conflicting, confusing, subconscious contradictions like the ordinary person's inner space. The enlightened Master can infuse his inner pure consciousness into his disciples with a look or a touch – imagine the power of creative energy infused into one's intentions with the Master's initiation.

Communication happens faster than the speed of light! Which according to the current science is impossible

The quantum physics theory of entanglement provides the framework for explaining how an enlightened Master can transfer his inner space and energy to a person at the level of consciousness. Consciousness catching consciousness without any interference from time or space constraints. Entanglement theory is based on observations of entangled photons behavior. When entangled photons are split apart, no matter the distance separating them, they instantaneously know the state of the other photon. Communication happens faster than the speed of light! Which according to the current science is impossible. Many believe the medium of communication between photons is consciousness – the foundation of the unified field connecting all things unbound by time and space. This theory creates the scientific foundation to explain how an enlightened Master can transfer energy and consciousness to all parts of the world “through the internet or webinar event”; more specifically, through the unified field of consciousness – into the consciousness of a devotee.

The act of looking at the world and imagining it creates reality and expands it.

The consciousness creating the unified field is also present within each individual. Wallace Wattles says: "There is an ocean of pure vibrant consciousness inside each one of us. And it is base and source of mind, thought and matter." If a person has conscious awareness the size of a golf ball, the conscious creativity will be limited to the small consciousness. A person can increase the size of consciousness with awareness and understanding. Gregg Braden continues discussing the spiritual quantum science by stating humans are creating reality with consciousness. The act of looking at the world and imagining it creates reality and expands it. "We are conscious conductors. That's what we do. That's who we are. We create. We transmit reality."

Many names have been given to the unified field: the Matrix (Planck), Nature's Mind (Dr Edgar Mitchell), The Mind of God (Steven Hawking), The Field (Lynn McTaggart) and The Divine Matrix (Gregg Braden). The unified field is the intelligent field of energy all pervasive in the Universe. Braden explains "the divine matrix is a bridge between our inner experiences, feelings, emotion, and belief and our outer world." The matrix is unbiased and mirrors back the created thoughts. The thoughts imagine, the emotions add power to the thoughts and the heart breathes life into the creative process. The unconscious beliefs and patterns may disrupt the conscious creative work. Awareness of the unconscious patterns is essential. To create what we want we must feel our feelings as if our prayers have already been answered. Feel the gratitude and appreciation. To ask for healing only confirms/affirms the illness or distress.

The subconscious beliefs and patterns can shape a person's life and alter the success a person imagines..

In The Biology of Belief, Bruce Lipton, Ph D. confirms with cellular biology experiments the need for creating clear thought patterns. In his work, he provided nutrients to endothelial cells. The cells migrated toward the nutrients. When he created a toxic environment, the cells moved away from the toxic stimulus. When both nutrients and toxic stimulus were provided simultaneously, the cell could not react to both stimuli – could not gravitate to the life sustaining signal and move away in protection from a toxic signal. The cell had to chose one action or the other. This concept is discussed in terms of the conscious and subconscious minds also. The conscious mind can think forward and backward, it is the voice of the self, full of ideas and visions of love, health and happiness. The subconscious mind is always in the present and will always run the life the way it was programmed by past experiences and lessons learned from the parents from conception until age 6. The subconscious beliefs and patterns can shape a person's life and alter the success a person imagines. The beliefs can influence behavior and health. The good news is when a person pays attention, the conscious wishes and desires can overwrite the subconscious programming. A person can create a life to be healthy, happy and so creative that each day will be greeted with excitement and enthusiasm.

In Vedic literature, the unified field is referred to as Brahman..

Understand the qualities of the unified field as described by a group of physicists: total potential of natural law, infinite organizing power, fully awake within itself, infinite correlation, perfect orderliness, infinite dynamism, infinite creativity, pure knowledge, unboundedness, perfect balance, self-sufficiency, all possibilities, infinite silence, harmonizing, evolutionary, self-referral, invincibility, immortality, unmanifest, nourishing, integrating, simplicity, purifying, freedom, and bliss. In Vedic literature, the unified field is referred to as Brahman. The Sanskrit phrase: Brahmanam brahmaiva bhavate means to the extent one knows Brahman, one becomes Brahman. By placing attention on each of the qualities one can experientially know and understand the qualities of the unified field, and have their values express in one's daily life. The universe is a big dream machine according to Deepak Chopra in his book Creating Affluence.

Vedic science of Kalpataru

The spiritual science of Kalpataru is revealed by Patanjali, the founder of the yoga system..

The spiritual science of Kalpataru is revealed by Patanjali, the founder of the yoga system. Patanjali was the first master who created a clear, scientific, logical system to reproduce the experience of the inner world or enlightenment. Patanjali's Yoga Sutras describes eight paths or limbs as the non-linear mapping of consciousness to enlightened living. Dharana is one of the yogic paths. The simple definition of dharana is concentration of the mind, single focus, deep concentrative meditation.

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji describes the concept :

The mind is very powerful and can create any world it wants – Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji

Dharana takes us beyond the concentration of the mind and opening up to release all that it carries in itself in a sense in the seed form. The word dharana needs to be understood in a deeper way, in a sense it is lifting the veil that has covered over our reality and showing the true inner light. The mind is very powerful and can create any world it wants or dreams it wants so it depends on state of consciousness.

The science and ability to project anything you want and enjoy is Dharana..

The science and ability to project anything you want and enjoy is Dharana. When you raise your awareness, the causal body comes under your control and anything you take from your causal body becomes reality. (The causal body is experienced in deep sleep, in deep darkness. It is the place rejuvenation occurs. Darkness is energy.)

When you fall unconscious, what your mind expresses is a dream. It has no impact.

When you are aware, what your mind expresses is creativity. It creates your life.

When you are in a higher state of consciousness, it not only creates the life of whatever you want, but also on whomever you want.

“Whatever your mind expresses is Dharana. You become a Kalpataru, a wish fulfilling tree. The super conscious state has a highly raised mitochondria level. Mitochondria are like cellular power plants that are within each of us.

It is important to know how wishes become reality. If a slide is kept in front of a projector light, what is seen in the slide screen will seem as reality. If the image on a slide is of a temple, one will see the temple. If the slide has the image of an actor, one will see that actor. If a slide shows an ocean, one will see that ocean. Whatever is in front of the projector light, one will see that as reality. In the same way whatever thought is kept in front of a concentrated energy, one will see that thought will become reality. For example, if a person is continuously repeating a particular thought, again and again, the person will see the body and mind, and everything will be directed towards that thought.

Maha Yogi mastered the whole science of yoga as discovered by Patanjali. From the age of three to thirteen, Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji studied daily with Maha Yogi. Maha Yogi said a beautiful thing: “For whatever purpose you bend your body or move your body, that memory and idea will become completely inserted or completely recorded in your body and mind.

That intention, that purpose will start expressing in your body.” This powerful idea can be activated to create a new reality even as one is doing yoga or walking or doing any exercise, dance or movement.

The source of all abundance is not outside you. It is part of who you are..

“The source of all abundance is not outside you. It is part of who you are. However, start by acknowledging and recognizing abundance without. See the fullness of life all around you. The warmth of the sun on your skin, the display of magnificent flowers outside a florist’s shop, biting into a succulent fruit, or getting soaked in an abundance of water falling from the sky. The acknowledgment of that abundance that is all around you awakens the dormant abundance within. Then let it flow out. Ask yourself often: “What can I give here; how can I be of service to this person, this situation?” You cannot receive what you don’t give. Outflow determines inflow. Abundance comes only to those who already have it.” A New Earth, Eckhart Tolle.

A cautionary tale kalpataru tree is told about Yogi Rupnathji which demonstrates the influence of thoughts and wishes:

The kalpatarus trees are symbolic for the mind..

Once a man was travelling and accidentally he entered paradise. In the Indian concept of paradise there are wish-fulfilling trees there called kalpatarus. Just sit underneath the tree and desire anything and immediately it is fulfilled—there is no gap between the desire and its fulfillment. There is no gap between a thought and a thing. You think, and immediately the thought becomes a thing; the thought realizes automatically. The kalpatarus trees are symbolic for the mind. Mind is creative, creative with its thoughts.

The man was tired, so he fell asleep under a kalpataru, a wish-fulfilling tree. When he woke up he was feeling very hungry, so he simply said, “I am feeling so hungry, I wish I could get some food from somewhere.” And immediately food appeared out of nowhere—just floating in the air, delicious food.

He was so hungry that he didn’t pay much attention. When you are hungry you are not philosophic. He immediately started eating, and the food was so delicious that he was caught up in the food. Once his

hunger was gone he looked around. Now that he was feeling very satisfied, another thought arose in him: "If only I could get something to drink..."—And, immediately, precious wine appeared.

Drinking the wine relaxedly in the cool breeze of paradise under the shade of the tree he started wondering, "What is the matter? What is happening? Have I fallen into a dream, or are some ghosts around and playing tricks with me?" And ghosts appeared. And they were ferocious, horrible, nauseating. And he started trembling, and a thought arose in him: "Now I am sure to be killed. These people are going to kill me." And he was killed.

The parable is an ancient parable – many different versions of the story are told. It portrays a person's whole life. The mind is the wish-fulfilling tree, kalpataru—whatever one thinks, sooner or later it is fulfilled. Sometimes the gap is such that a person may have completely forgotten that one had desired it in the first place; sometimes the gap is of years, or sometimes of several lives.

Your thoughts create your heaven, your thoughts create your hell

If you watch deeply, you will find all your thoughts are creating you and your life. Your thoughts create your heaven, your thoughts create your hell. As demonstrated in the story, one must bring clarity to one's desires.

Again and again, the ancient rishis and modern quantum thinkers state that thoughts create a person's life. Each person has created his/her life and will continue to create based on their thought flow. A fleeting wish or thought is not enough to create a reality. Even an intention formed at the mental level is not enough. An intention needs intensity in order to attract the desire. Intensity is intention infused into the physical body. When the physical body radiates with the intention and intensity, the body moves into the right action with the right knowledge. Additionally, it is important to be honest and integrated with the desire, with no conflicting thoughts and inner chatter. When all these features come together one can attract and create the desired outcome. Each person becomes his/her own wishing tree.

Tantra Siddha Maha Yogi Shastrishree Paramahansa

Dr.Rupnathji, Kalpataru and wishes fulfilled

Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji created a transformative meditation program called Kalpataru – Manifest Your Destiny.

Most people do not experience themselves as a wishing tree. Creating one's destiny seems more like creating the same old life over and over again. To address this common complaint, Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji created a transformative meditation program called Kalpataru – Manifest Your Destiny.

Kalpataru uses technical knowledge, experiential exercises and meditation techniques. In the program one discovers the formula to align true intentions with actions so a natural move to outer success and inner bliss can be achieved. The Kalpataru program has the added dimension of deeksha, initiation by an enlightened Master, Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji. People who are in the physical presence of Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji will receive a direct physical touch. Those who are connected via the internet will receive initiation with a look and a verbal blessing.

..the Master's initiation energizes the request and the desire becomes reality.

An enlightened Master is pure divine consciousness, pure Cosmic energy – the energy that runs the whole Universe including our lives. When a person asks the right thing, with the right understanding, backed up with intention and intensity, the Master's initiation energizes the request and the desire becomes reality. In addition, the Master's inner space is transferred into your inner space – pure bliss consciousness – creating a beautiful inner space within you to enjoy life as it is. Plan for a miracle.

Dr. Deep Raut, a pediatric specialist for sick and small babies in Singapore, gives this testimonial of a boon granted during a Kalpataru program with Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji.

He says, My true desire got manifested. He had a deep desire to have one more child, especially a daughter. He and his wife had one boy Krishna who is almost 8 years old. Due to the relationship at

home, Dr. Raut felt he could not voice this desire to his wife. During a Kalpataru, Dr Raut and his wife were in front of Rupnathji. Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji said: Ma, please have another child. This deep desire was fulfilled for Dr. Raut without even having to voice his desire as it was so strong and intense his prayer to Rupnathji. Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji said the words that spoke to the wife in the way for her to respond. The baby daughter was born in the spring of 2009.

Dr. Deep Raut Pediatric Specialist, Singapore

Here is the story of Kalpataru as told by Saria Perez-Goodman, a concert pianist living in LA, CA, USA.

On August 2009, I attended the Kalpataru program at the Montclair Vedic Temple in Los Angeles. I was new to the teachings of Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji and I was excited to have a one-on-one audience with an enlightened Master. The meditations in preparation for Rupnathji's darshan were powerful and I could feel my sincere intentions already taking place within me. I was first to receive Rupnathji's blessing and as I waited for the event to start, he said "Come on Maria, what do you want?" He knew my name!!! That jolted me in such a way that I forgot how to speak English. I could only talk in Spanish and I couldn't seem to get out of it! He just laughed and laughed. As English eventually came back, I asked the one thing that truly felt important to me: to experience unconditional love. He said, "You'll have it! And Maria, I see you in India in December for the Inner Awakening program." I was so shocked! You see, I was ready to leave for a meditation trip to Egypt. All my money and vacation time had been poured into that. India seemed like a far-off dream, definitely an impossibility. Well, by the end of the month something quite unexpected happened. In Egypt, during a meditation, I surrendered that part of the ego that says "I don't need others". I allowed life to happen in me from whichever direction it came. Little by little pure joy started flowering within me (I was so serious before). Little things like breathing, eating, and just existing, suddenly felt like an overflowing ecstasy of energy, an eternal source of joy. Love was awakened within me, not through relationships (as I thought it would), but by living life as it happens each and every moment. Thank you Rupnathji! As to IA, family and friends were surprisingly supportive of it. All the necessary funds and airfare were gathered in a miraculous way. But that is a story for another day...Sarvasudah, (Spiritual name)

Saria Perez-Goodman LA, CA, USA

The view of the world creates patterns for responding to life events with predictable thoughts and actions

The Kalpataru program designed by Rupnathji has another dimension beyond the granting of specific desires. The knowledge, experiential exercises and meditations take one on a journey to discover how one views the world. Each person creates a view of the world based on experiences of the life from the moment of birth forward. The view of the world creates patterns for responding to life events with predictable thoughts and actions. As described in the program, it is as if each person wears a pair of colored glasses through which the world is seen. A person forgets the glasses are on and thinks he/she is seeing reality as it is, yet they are only seeing the view through the glasses. Thought patterns are created consciously and unconsciously and the patterns keep running through the inner space and attracting the same type of events to occur over and over in the life. The deep thought patterns are more powerful and are often contradictory to the desires a person is currently wishing for. Life seems dull and repetitious, lacking in joy and adventure.

During the one day program a person can discover patterns of seeing the world, interacting with the world, and assumptions about the world. As awareness grows about the patterns, exercises are done allowing a person to shift the frame of reference or change the colored glasses allowing the world to be seen as it is and/or to find a more positive frame of reference to operate from. The past wisdom can be used as a guide instead of as a pair of glasses distorting the present situation. The future becomes unwritten! A person is free to act in new, more satisfying ways with life situations as they arise.

Darshan/initiation is a rare opportunity to liberate from deeply engraved memories..

In addition to the knowledge, Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji's darshan or initiation can create intense spiritual experiences for people. The energy wave that rises also causes many unconscious fears, guilt and desires to surface. Darshan/initiation is a rare opportunity to liberate from deeply engraved memories – wiping out these emotions at the root level by the overflowing energy.

Avanda, from Atlanta, GA, USA explains that she had always been able to speak in large groups of people.

Some past experiences caused fears to come into her life. She got an overwhelming fear of speaking and a heat sensation went throughout her body. If someone would ask a question in a large crowd, she would want to raise her hand to answer yet “the overwhelming sensation of fear would paralyze me.” She has been healed of the fear and heat sensations by the Kalpataru program. She has changed her frame of reference – she can step to the other side away from fear. “I love everything we are doing!

AvandaAtlanta, GA, USA

Kalpataru bestows upon each individual the energy to imbibe the right intention, and align every action with the intention. Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji says: “I ask you to verbalize your desires to me. As you verbalize, you yourself will know which desires really need to be fulfilled and which need not be fulfilled. Such is the intelligence of expressed energy.” The Kalpataru program and initiation sows within each person the seeds of:

- Shakti – Energy needed to change the things needed to be changed. Just change what you can. Even simple things.
- Buddhi – Intelligence to know what need not be changed and accept the things that cannot change. The action to change will allow the intelligence to flower and the ability to accept will expand.
- Yukti – Understanding that whatever is changed, Existence itself is a continuously changing dream. The seed of clarity to see that the world itself is changing reality – causeless auspiciousness.
- Mutki – Liberation that happens when a person experiences the above principles and lives blissfully!

When a person understand these important truths, a revolutionary transformation and cognitive shift will happen within. The truths shifts a person from unconscious to conscious to superconsciousness so the difference is that whatever one expresses is created in the life and one creates the life of whatever one wants. When this science of darshana is understood then each person becomes kalpataru. The truth becomes an explosion within every part of one’s system.

The experiential understandings and transformations from Kalpataru clear a space in the future, uncluttered by past assumptions and ways of being and doing, remove inner chatter and conflicting thoughts that undermine intention and intensity from expressing, and change responses to life – realizing that 99% of our “problems” are due to our responses and not the situation itself. With knowledge and awareness, right intentions will become intensity in the physical body muscle memory.

Action will be consistent with the desires. The consciousness and physical body will radiate to the Universe a united desire that will be manifested.

Kalpataru makes you live a liberated life, what I call 'Living Enlightenment'

"Kalpataru makes you live a liberated life, what I call 'Living Enlightenment'" Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji. Existence is trying to express itself through you. When you freely allow this, you will start realizing your infinite potential. Living Enlightenment is living with the flowing energy of Existences, in synchronicity with its miraculous happenings.

Kalpataru – Manifest Your Destiny!

Teleportation

In the Vedic experience, teleportation was a common practice. Teleportation is a siddhi -Siddhis are the birthright of each person. Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji - a master of meditation who has himself achieved many siddhis including teleportation, is passionately committed to reviving the ancient Vedic sciences and bringing them into daily life to benefit humanity.

[Ref:-

Tantra Siddha Maha Yogi Shastrishree Dr.Rupnathji's Works

Here is a list of Tantra Siddha Maha Yogi Shastrishree Dr.Rupnathji's Works as known to me.

Bhashya Granthas

By

Tantra Siddha Maha Yogi Shastrishree Dr.Rupnathji-

*Daily Hindu Wisdom

*Downloads

*Factoids

*Hinduism Evolution

*Hinduism Problems

*Karma Yoga

*Mahabharata: An Epic

*Mantras

*Meditation

*Ramayana

*Swami Vivekananda

*Upanishads

*What They say about Hinduism

*Viveka Choodamani

*Aparokshanubhooti

*Upadesa Sahasri

*Vaakya Vritti

*Swaatma Niroopanam

*Atma-bodha

*Sarva Vedanta Sara Samgraha

*Prabodha Sudhakaram

*Swaatma Prakasika

*Advaita Anubhooti

- *Brahma-anuchintanam
- *Prasna-uttara Ratnamaalika
- *Sadachara-anusandhanam
- *Yaga Taravali
- *Anatma-sree Vigarhanam
- *Swaroopaa-anusandhanam
- *Pancheekaranam
- *Tattwa-bodha
- *Prouda-anubhooti
- *Brahma Jnanavali
- *Laghu Vakyavritti
- *Moha Mudgaram (Bhaja Govindam)
- *Prapancha Saaram
- *Hymns and Meditation Verses
- *Sri Ganesa Pancharatnam
- *Ganesa Bhujangam
- *Subrahmanya Bhujangam
- *Siva Bhujangam
- *Devi Bhujangam
- *Bhavani Bhujangam
- *Sree Rama Bhujangam
- *Vishnu Bhujangam
- *Sarada Bhujangam
- *Sivananda Lahari
- *Soundarya Lahari

- *Ananda Lahari
- *Siva-paadaadi-kesaanta-varnana
- *Siva-kesaadi-padaanta-varnana
- *Sree Vishnu-paadaadi-kesanta
- *Uma-Maheswara Stotram
- *Tripurasundari Vedapada Stotram
- *Tripurasundari Manasapooja
- *Tripurasundari Ashtakam
- *Devi-shashti-upachara-pooja
- *Mantra-Matruka-Pushpamaala
- *Kanakadhara Stotram
- *Annapoorna Stotram
- *Ardha-naree-Natesvara Stotram
- *Bhramana-Amba-Ashtakam
- *Meenakshi Stotram
- *Meenakshi Pancharatnam
- *Gouri Dasakam
- *Navaratna Malika
- *Kalyana Vrishti-Stavam
- *Lalitha Pancharatnam
- *Maaya Panchakam
- *Suvarna Mala Stuti
- *Dasa Sloki
- *Veda Sara Siva Stotram
- *Siva Panchaakshara Stotram

- *Siva-Aparadha-Kshamapana
- *Dakchinamoorthy Ashtakam
- *Dakshinamoorthy Varnamala
- *Mrityunjaya Manasa Pooja Stotram
- *Siva Namavali Ashtakam
- *Kaala Bhairava Ashtakam
- *Shat-padee Stotram
- *Siva Panchakshara Nakshatra Mala
- *Dwadasa Ling Stotram
- *Kasi Panchakam
- *Hanumat Pancharatnam
- *Lakshmi-Nrisimha Pancharatnam
- *Lakshmi-Nrisimha Karunarasa Stotram
- *Panduranga Ashtakam
- *Achyuta Ashtakam
- *Sree Krishna Ashtakam
- *Hari Stuti
- *Govinda Ashtakam
- *Bhagavat Manasa Pooja
- *Praata Smarana Stotram
- *Jagannatha Ashtakam
- *Guruvastakam
- *Narmada Ashtakam
- *Yamuna Ashtakam
- *Ganga Ashtakam

- *Manikarnika Ashtakam
- *Nirguna Manasa Pooja
- *Eka Sloki
- *Yati Panchakam
- *Jeevan Mukta Ananda Lahari
- *Dhanya Ashtakam
- *Upadesa (Sadhna) Panchakam
- *Sata Sloki
- *Maneesha Panchakam
- *Advaita Pancharatnam
- *Nirvana Shatakam
- *Devyaparadhakshamapana Stotram
- *About Hinduism
- *Adi Shankaracharya
- *Bhagavad Gita
- *Brahmins
- *Chanakya
- *Brahma Sutras
- *Isavasya Upanishad
- *Kena Upanishad
- *Katha Upanishad
- *Prasna Upanishad
- *Mundaka Upanishad
- *Mandukya Upanishad
- *Mandukya Karida

- *Aitareya Upanishad
- *Taittiriya Upanishad
- *Chhandogya Upanishad
- *Brihad Aranyaka Upanishad
- *Sree Nrisimha Taapaneeya Upanishad
- *Sreemad Bhagawad Geeta
- *Sree Vishnu Sahasranama
- *Sanat Sujateeyam
- *Lalita Tri-satee
- *Hastaamalakeeyam

SOME OTHER BOOKS WRITTEN BY TANTRA SIDDHA MAHA YOGI SHASTRISHREE DR.RUPNATHJI ARE GIVEN AS FOLLOWS:-

- *The Primal Revelation at the Heart of Civilization
- *Krishna Worship: One of Humanity's Most Ancient Traditions
- *The Great Blue Spirit Nagi Tanka Skan Skan
- *The Lion of Time
- *Contacting Vedic Empire Productions
- *Rakhi Bond of Love Saves the Life of Alexander
- *Ancient Pompeii's Lakshmi Statuette
- *Hindu Radio-Breaking the Sound Barrier
- *Philippines- A Golden Heritage
- *Gympie Gold inlaid Quartz
- *Ancient Hindu Mariners and Australian Gold
- *Lets Connect on Facebook
- *Why is Prayag-an ancient center of Hinduism now called Allahabad?
- *Have Mosques ever been built atop non-Islamic Holy Sites?

- *The Blue God of Judaism
- *Greek Othrys and the Vedic Adri Montains
- *HINDU CIVILIZATIONS OF AUSTRONESIA AND SOUTH EAST ASIA
- *Vedic Brahma and Apache Kuterastan
- *Phoenician Alphabet, Adopted by the Greeks
- *The Phoenician Creation Story
- *India-Homeland of the Phoenicians
- *Evidence Linking Ancient Troy and Central America
- *Rig Veda and the Phoenicians
- *Fly Me to the Moon God
- *Walk the Sacred Forests of Shiva
- *Updated:Vedic Roots of India's Moon Mission
- *Roots of Orissa's 'Christian' Problem
- *Ancient Orissa's Links with Rome, Japan, China, Africa and SE Asia
- *The Stanzas of Dzyan
- *The Blue-ness of God in Biblical tradition
- *The Sanskrit Dialect Known as English
- *Caitanya's Bhakti Movement Empowers India & Humanity
- *Bangalore's Shiva Cave Temple
- *Assaulting Orissa and India's Development
- *The Truth Behind Holy Amarnath in Kashmir
- *Cure For Diabetes
- *Cure For Obesity
- *Care For Migraine
- *Care For Obesity

- *Care For Hypertension
- *Cure For Hypertension
- *Care For Heart Diseases
- *Cure For Heart Diseases
- *Care For Diabetes
- *Care For Cancer
- *Cure For Cancer
- *Care For Infection
- *Cure For Infection
- *Care For Vertigo
- *Cure For Vertigo
- *Care For Schizophrenia
- *Cure For Anger
- *Care For Anger
- *Cure For Hernia
- *Care For Hernia
- *Cure For Autism
- *Care For Autism
- *Care For Addiction
- *Cure For Addiction
- *Cure For Memory Problems
- *Cure For Anxiety
- *Care For Arthritis
- *Cure For Arthritis
- *Care For Ageing

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- *Cure For Ageing
- *Care For Skin Problems
- *Cure For Skin Problems
- *Care For Memory Problems
- *Cure For Schizophrenia
- *Cure For Insomnia
- *Cure For Depression
- *Care For Depression
- *Care For Pulmonary Disease
- *Care For Bipolar Disorder
- *Cure For Bipolar Disorder
- *Care For Low Self Esteem
- *Cure For Low Self Esteem
- *Cure For Migraine
- *Cure For Infertility/Impotence
- *Cure For Pulmonary Disease
- *Care For Fungal Infection
- *Care For Short-Sightedness
- *Cure For Short-Sightedness
- *Care For Hypothyroidism
- *Cure For Hypothyroidism
- *Care For Hot Flashes From Menopause
- *Cure For Hot Flashes From Menopause
- *Cure For Urinary Problems
- *Cure For Excessive Sweating Of Palms & Feet

- *Cure For Achromatopsia
- *Cure For Thyroid Problems
- *Cure For Fungal Infection
- *Cure For Lower Back Pain
- *Cure For Post-Traumatic Stress Disorder
- *Care For Kid's Memory Power
- *Care For Stiff Knees & Knee Pain
- *Cure For Stiff Knees & Knee Pain
- *Excelling In Sports - Level 2
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- *Care For Lower Back Pain
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- *Care For Baldness
- *Care For Food Allergies
- *Cure For Food Allergies
- *Care For Long Sight
- *Cure For Long Sight
- *Care For Dandruff
- *Cure For Dandruff
- *Care For Ulcerative Colitis and Crohn's Disease
- *Cure For Ulcerative Colitis And Crohns Disease
- *Care For Irritable Bowel Syndrome
- *Excelling In Studies - Level 2
- *Cure For Baldness

- *Care For Tinnitus
- *Care For Rapid Recovery From Illness
- *Cure For Rapid Recovery From Illness
- *Cure For Eczema
- *Care For Digestive Disorders
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- *Care For Thyroid Problems
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- *Cure For Nephrotic Syndrome
- *Care For Epilepsy
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- *Care For Attention Deficit Disorder (ADD)
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- *Care For Autoimmune Disorders
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- *Simple Keys for Blissful Living
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- *Global Mission of Compassion.

- *A Lifetime in Penance
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- *Paths to enlightenment
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- *Hinduism & Quantum Physics
- *Alphabetical Listing

- *Amazing Science
- *Vedic Mathematics
- *Oldest Civilization
- *Aryan Language Family
- *Hindu Festivals 2000-2031
- *Hindu Festivals 2000-2043
- *Moon Calendar 1900-2009
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- *Eclipse
- *Hinduism-Brief Sketch
- *Founder of Hinduism
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- *Shanti Mantras
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- *Sayings of Sri Ramakrishna
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- *Caste System
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- *Yuga Dharmaa
- *Doing Good
- *Virtue
- *Virtue, Wealth & Pleasure
- *Gurukul
- *Ashramas
- *Sannyasa - Renunciation
- *Kamagita
- *Wheel of Life
- *Maya-Shakti-Prakriti
- *Durga Saptashati
- *Creation
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- *God
- *Nature of Reality
- *That Thou Art
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- *Destiny & Exertion
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*The Real and the Apparent Man

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- *Consciousness-the three states
- *Freedom & Bondage
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- *Overcoming Difficulties
- *Forgiveness versus Might - Anger
- *Penance
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- *Truth
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- *Happiness
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- *Ignorance
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- *Adhik Maas
- *Kaaba a Hindu Temple?
- *Islam-stagnant
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- *Buddhism in China--Japan-Korea
- *Religions in brief
- *Inter-religious Attitude
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- *Dasnami Sampradaya
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- *Food Charts
- *Drama - Shakuntala
- *Vishnu Sahasranama
- *Moon Calendar 2013
- *Moon Calendar 2015
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- *Vedic Maths India
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- *The Primal Revelation at the Heart of Civilization
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- *Bangalore's Shiva Cave Temple
- *Assaulting Orissa and India's Development
- *The Truth Behind Holy Amarnath in Kashmir
- *Tantra Mantra Yantra Vigyan Journal
- Yogic Meditation
- Kundalini Vigyan
- Tantra Alchemy
- Tantrik Hypnotism

- Advanced Palmistry
- Third Eye Activation
- Soul- A Joy For Ever
- Health Wealth And Prosperity
- Secrets of Shaktipaat
- Practicals of Hypnotism
- Meanings of Devotion
- The Universal Nymphs
- Mahavidya Sadhan
- Guru Diksha
- Diksha Guru
- Siddha And Siddhi
- Srimad Gita
- Bhakti Kirtan
- Jyotish And Kaal Chakra
- Muladhar To Sahasrar Parikraman
- Palmistry Science & Finger Secrets
- Siva Stavan
- Omkar Brahma To Kundalini
- Social Success : Tantra Secrets
- Samadhi Siddhi
- Top Secret Mantra Rahasya
- Unpublished Spiritual Sadhana Samagra
- Sarva Prakar Dikshaayen
- Sarva Deva Shatkam

- Lakshmi Siddhi
- Amrit Darshan
- Maha Tantram
- Tantra Rahasya
- Top Hypnotism Techniques & Sootras
- Secret TantrikHypnotism
- Alternate Hastrekha Shastra
- Sadhana Prakar
- Bheirav Shastra
- Atma Chintan
- Paramatma Rahasya
- Yogi Rupnathji
- Siddhastan Mahatya
- Bajrang Bali Siddhi
- Matangi Tantra
- Tantrik kriya Vidhi
- Ayeshwarya Prapti Sadhana
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- Amrit Pan
- Tantrik Guru Upasana
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- Sarva Siddhi
- Tantra Vidhi
- Bhuvaneshwari Siddhi
- Lakshmi Secrets
- Hansa To Paramahamsa
- Universal Life
- Apsara Siddhi
- Secrets of Shodashi Tripur Sundari
- Mahakali Siddhi
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- Brahmapanishad
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- Sandhya Kriya
- Siddhashram Parampara
- Total Diksha Sanskar Vidhi
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- Narayan Rahasya
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- Guru Shishya Rahasya
- Siddha Vidhi
- Diksha kaal
- Gurudev Bhajana
- Tantra Siddhi Sadhana
- Urvashi Darshan

- Swarna Akarshan
- Tara Sadhana
- Shiv Kripa Sutra
- Jagdamba Sadhana Vidhi
- Tantra Practicals
- Hypnotism
- Aghor Upasana
- Soundarya Siddhi
- Doorlav Tantra Siddhi
- Himalayer Siddha
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- Importance of Diksha Sanskar
- Jagat Saar
- Importance of Guru
- *Kailasa Temple
- *To Heaven by Heaven
- *Spiritual friendship
- *Bodhisattva Vow
- *O night, o sweet
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- *Mysticism and magic
- *Namavali
- *Chinnamasta's 108 names
- *Work as Temple Elephant

- *Psalm 19
- *Ayat al Kursi - the Verse of the Throne
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- *Red Coral
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- *It is more than possible
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- *Kun fa ya Kun!
- *Hafiz
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- *Brihadeeswarar Temple
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- *Kumkum, Bindu and Sindur
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- *Struggle and Contemplation
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- | Tantra Shastra
- | Nadi Astrology
- | Live Effects of Stars
- | Tarot School
- | Today's Fortune
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- | Predictions by Vedic Astrology
- | Jupiter in the house Uranus
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- | Use of Gem Stones
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- | Career by Rashi
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- | SIGNIFICANCE OF STARS
- | Chalisa Chanting
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- | Meaning of Your Name
- | Birth in Ashwini Nakshtra
- | Birth in Bharani Nakshtra
- | Birth in Kritika Nakshtra
- | Birth in Rohini Nakshtra

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‡ Birth in Mrigshira Nakshtra

‡ Birth in Adra Nakshtra

‡ Birth in Punarvasu Nakshtra

‡ Birth in Pukshya Nakshtra

‡ Birth in Ashlekhha Nakshtra

‡ Birth in Magha Nakshtra

‡ Birth in Poorvaphalguni Nakshtra

‡ Birth in Uttraphalguni Nakshtra

‡ Birth in Hasta Nakshtra

‡ Birth in Chitra Nakshtra

‡ Birth in Swati Nakshtra

‡ Birth in Bishakha Nakshtra

‡ Birth in Anuradha Nakshtra

‡ Birth in Jyeshtha Nakshtra

‡ Birth in Moola Nakshtra

‡ Birth in Poorvashadha Nakshtra

‡ Birth in Uttraashadha Nakshtra

‡ Birth in Shravan Nakshtra

‡ Birth in Dhanishtha Nakshtra

‡ Birth in Shatbhikha Nakshtra

‡ Birth in Poorvabhadrapada

‡ Birth in Uttrabhadrapada

‡ Birth in Revati Nakshtra

‡ Birth in Pieces Sign

‡ Birth in Aquarius Sign

- | Birth in Capricorn Sign
- | Birth in Sagittarius Sign
- | Birth in Scorpio Sign
- | Birth in Libra Sign
- | Birth in Virgo Sign
- | Birth in Leo Sign
- | Birth in Cancer Sign
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- | Dreams in Astrology
- | The Ritual Fire Offering
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- | Encyclopaedia of Astrology
- | Questions and Answers
- | Lagna
- | About Astrology
- | Vedic astrology
- | Grahas (planets)
- | Rasis (signs)
- | Bhavas (houses)
- | Chakras (charts)
- | Varga chakras (divisional charts)
- | Nakshatras (constellations)
- | Ayanamsa
- | Dasa Systems
- | Characteristics of Rasis
- | Indications of Rasis
- | Characteristics of Planets
- | Planetary Dignities
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- | Lagnas (ascendants)
- | Use of Special Lagnas
- | Upagrahas (sub-planets)
- | Vargas (divisional charts)
- | Divisional Chart Significations

- | Insights on Divisional Charts
- | Using Divisional Charts
- | Varga Grouping and Amsabala
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- | 30 Days Lesson of Astrology
- | A Controversy
- | Karakas (significators)
- | Arudhas (risen ones)
- | Use of Arudha Lagna
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- | Meaning of Arudha
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- | Graha Drishti
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- | Argala (Intervention)
- | Virodhargala (Obstruction)
- | Use of Argala
- | Yogas (special combinations)
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- | Different Strengths
- | Shadbala and Astakavarga Bala
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- | Functional Nature
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- | Analyzing Charts
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- | Ashtottari dasa
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- | Nirvana Shoola Dasa
- | Shoola dasa
- | Sudarsana Chakra dasa
- | Moola dasa
- | Transits and natal references
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- | Murthis (Forms/Idols)
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- | Casting Sixty-hour Charts

- | Judgment of charts
- | Compressed dasas
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- | Diseases Rectifications
- | Who can use Vedic Astrology ?
- | Penumbral Eclipse
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- | Phenomenon
- | Philosophy
- | Philosopher's Stone
- | Barren and fruitful
- | Benefic and Malefic
- | Stars in first House
- | Stars in second house
- | Stars in third house
- | Stars in fourth house
- | Stars in fifth house
- | Stars in sixth house
- | Stars in seventh house

| Stars in earth house

| Stars in ninth house

| Stars in tenth house

| Stars in eleventh house

| Stars in twelfth house

| Sun in 12 Houses

| Moon 12 Signs

| Mars in 12 Signs

| Mercury in 12 Signs

| Jupiter in 12 Signs

| Venus in 12 Signs

| Saturn in 12 Signs

| Rahu in 12 signs

| Ketu in 12 signs

| Pluto in 12 signs

| Uranus in 12 signs

| Neptune in 12 signs.

" Just Try and See

" Past Life

" Sadhana of the Sun

" Boost Your Brains

" Santaan Prapti Mangala Sadhana

" Narayan Kalp Sadhana

" Jwalamalini Sadhana

" Parad Ganpati Sadhana

" Sadhanas for Marriage
" Are Houses Haunted
" Paarad Ganpati Sadhana
" Akshay Paatra Sadhana
" Dharmaraaj Siddhi Sadhana
" Sadhana of Sun and Saturn
" Chhinmasta Sadhana
"Sadhana for Protection of Health
"Shree Siddheshwari Sadhana
"Worship of Shiva (Shivaraatri)
"108 Divine names " from January
"Riddance from Evil Spirits
"Panchanguli Sadhana
"Aakarshan Sadhana
"Megha Saraswati Sadhana
"Kaamdev Rati Prayog
"Mahamrityunjay Sadhana
"Mahalakshmi Poojan"
"Lakshmi Sadhanas of great Rishis and Tantriks"
"How to celebrate Diwali"
"The Right Way to perform Sadhana"
"Diksha for affliction of MARS"
"Shraadh Pitra Santushti Sadhana"
"Guru Poornnima Sadhana"
"Gopal Prayog for Children"

"Solar Eclipse Sadhana"
"Lunar Eclipse Sadhana"
"Uchhisht Ganpati Sadhana"
"Guru Worship "
"Sadhanas using Moti Shankh"
"Swadhishtthan Chakra Sadhana"
"Quick Acting Bheirav Sadhanas"
"Sadhana of planet Moon"
"Miraculous Hanuman Sadhanas"
"Sadhana to Rid Addiction"
"Planet Shukra (venus) Sadhana"
"Lama Holi Sadhnas"
"Planet Shani (saturn) Sadhana"
"Durga Sadhana"
"Vaidyanath Sadhana"
"Some Simple Yantra Sadhanas"
"Amazing Mantras for new Millenium"
"Sadhna to get Mental Peace"
"Kanakdhara Sadhna"
"Another Mahakali Sadhna"
"Mahaganpati Sadhna"
"Kartikeya Sadhna"
"Sabar Lakshmi Sadhnas on Diwali"
"Simple Shree Yantra Sadhna"
"Sadhna to banish diseases"

" Face To Face With Divine Yogi "

" Enlightened Beauty "

" Gaayatri Sadhana "

" Gurutatva Sadhana "

" Garbhasth Cheitanya Sadhana "

" Priya Vallabha Kinnari Sadhana "

" Even You Can See Your Aura "

" Telepathy "

" Happy New Year "

" The Mahavidya Sadhanas "

" The Mahavidya Sadhanas : Mahakali - The Saviour "

" The Mahavidya Sadhanas : Bhuvaneshwari - Bestower of Absolute Power "

" The Mahavidya Sadhanas : Baglamukhi - The Victory Giver "

" The Mahavidya Sadhanas : Tara - The Provider "

" The Mahavidya Sadhanas : Dhoomavati - The Terrifier "

" The Mahavidya Sadhanas : Kamala - The Wealth Giver "

" Jyeshththa Laxmi Sadhana "

" Anang Sadhana for Perfect Health & Vigour "

" Propitiating The Ancestors "

" Sadhana for Blissful Married Life "

" Kriya Yog Sadhana "

" Atma Chetna Sadhana "

"Treasured Eruditions of Ancient India"

" A Simple Practice To Get Rid Of Diseases "

"Some Simple Miraculous Charms"

"Mahakali Sadhna"

"Shree Yantra Diksha Sadhna"

Famous Tantra Books Written By Dr.Rupnathji(Dr.Rupak Nath) are given here as follows:-

1. Matsya Sukt Tantra
2. Kul Sukt Tantra
3. Kaam Raj Tantra
4. Shivagam Tantra
5. Uddish Tantra
6. Kuluddish Tantra
7. Virbhadrodish Tantra
8. Bhoot Damar Tantra
9. Damar Tantra
10. Yaksh Damar Tantra
11. Kul Sharvashy Tantra
12. Kalika Kul Sharvashy Tantra
13. Kul Chooramani Tantra
14. Divya Tantra
15. Kul Saar Tantra
16. Kulavarand Tantra
17. Kulamitr Tantra
18. Kulavati Tantra
19. Kali Kulavaan Tantra
20. Kul Prakash Tantra
21. Vashisht Tantra
22. Siddh Saraswat Tantra

23. Yogini Hriday Tantra
24. Karli Hriday Tantra
25. Matri Karno Tantra
26. Yogini Jaalpoorak Tantra
27. Lakshmi Kulavaran Tantra
28. Taaravaran Tantra
29. Chandra Pith Tantra
30. Meru Tantra
31. Chatu sati Tantra
32. Tatvya Bodh Tantra
33. Mahograh Tantra
34. Swachand Saar Sangrah Tantra
35. Taara Pradeep Tantra
36. Sanket Chandra Uday Tantra
37. Shastra Trish Tatvak Tantra
38. Lakshya Nirnay Tantra
39. Tripura Narva Tantra
40. Vishnu Dharmotar Tantra
41. Mantra Paran Tantra
42. Vaishnavamitr Tantra
43. Maan Solaahs Tantra
44. Pooja pradeep Tantra
45. Bhakti Manjari Tantra
46. Bhuvaneshwari Tantra
47. Parijaad Tantra

48. Prayogsaar Tantra
49. Kaamrat Tantra
50. Kriya Saar Tantra
51. Agam Deepika Tantra
52. Bhav Choodamani Tantra
53. Tantra Choodamani Tantra
54. Brihast Shrikram Tantra
55. Shrikram Shidant Shekar Tantra
56. Shidant Shekar Tantra
57. Ganeshavi Mashchani Tantra
58. Mantra Mookavali Tantra
59. Tatva Kaumadi Tantra
60. Tantra Kaumadi Tantra
61. Mantra Tantra Prakash Tantra
62. Ramacharan Chandrika Tantra
63. Sharda Tilak Tantra
64. Gyan Varn Tantra
65. Saar Samuchay Tantra
66. Kalp Droom Tantra
67. Gyan Maala Tantra
68. Pooras Charan Chandrika Tantra
69. Agamoktar Tantra
70. Tatv Saar Tantra
71. Saar Sangrah Tantra
72. Dev Prakashini Tantra

73. Tantranav Tantra
74. Karam deepika Tantra
75. Paara Rahasya Tantra
76. Shyama Rahasya Tantra
77. Tantra Ratna
78. Tantra Pradeep
79. Taara Vilas
80. Vishwa Matrika Tantra
81. Prapanch Saar Tantra
82. Tantra Saar
83. Ratnavali Tantra.

*Some Important Sanskrit Tantra books(Grantha) Written By Dr.Rupnathji(Dr.Rupak Nath) are also given below:-

1. Kali Kitab
2. Theth Karini Tantra
3. Uttar Tantra
4. Neel Tantra
5. Veer Tantra
6. Kumari Tantra
7. Kali Tantra
8. Narayani Tantra
9. Tarani Tantra
10. Bala Tantra
11. Matrika Tantra
12. Sant Kumar Tantra
13. Samayachar Tantra

14. Bhairav Tantra
15. Bhairavi Tantra
16. Tripura Tantra
17. Vamkishwar Tantra
18. Kutkuteshwar Tantra
19. Vishudh Deveshwar Tantra
20. Sammohan Tantra
21. Gopiniay Tantra
22. Brihaddautami Tantra
23. Bhoot Bhairav Tantra
24. Chamunda Tantra
25. Pingla Tantra
26. Parahi Tantra
27. Mund Mala Tantra
28. Yogini Tantra
29. Malini Vijay Tantra
30. Swachand Bhairav Tantra
31. Maha Tantra
32. Shakti Tantra
33. Chintamani Tantra
34. Unmat Bhairav Tantra
35. Trilok Saar Tantra
36. Vishwa Saar Tantra
37. Tantra Mrit
38. Maha Khetkarini Tantra

39. Baraviy Tantra
40. Todal Tantra
41. Malani Tantra
42. Lalita Tantra
43. Shri Shakti Tantra
44. Raj Rajeshwari Tantra
45. Maha Maheshwari Tantra
46. Gavakshy Tantra
47. Gandharv Tantra
48. Trilok Mohan Tantra
49. Hans Paar Maheshwar Tantra
50. Hans Maheshwar Tantra
51. Kaamdhenu Tantra
52. Varn Vilas Tantra
53. Maya Tantra
54. Mantra Raj
55. Kuvichka Tantra
56. Vigyan Lalitka Tantra
57. Lingagam Tantra
58. Kalotarr Tantra
59. Brahm Yamal Tantra
60. Aadi Yamal Tantra
61. Rudra Yamal Tantra
62. Brihdhamal Tantra
63. Siddh Yamal Tantra

Teleportation is a term most people associate with science fiction movies and fantasy novels. In the Harry Potter World, teleportation is often used although it is called apparition, a spell which allows the user to instantaneously teleport from one location to another. American Star Trek films give a strong visual impression of the spaceship crew dissolving into beams of light, and then seeing those beams reassemble into human forms in a different location. But is this really possible in daily life, in today's world as we know it?

Scientists have been hard at work for more than a century seeking to make teleportation available to society

Scientists have been hard at work for more than a century seeking to make teleportation available to society. Physicists have recognized that today's fantasy is tomorrow's reality. Just as the conveniences that are taken for granted – microwave, radio, computer, and more recently cellular phone and Internet – were each deemed impossible until they were pioneered by ground-breaking inventors, so the curious thinkers of the 21st century look forward to proving that teleportation is not only possible, but practical.

What Is Teleportation?

The word teleportation is composed of the Greek root telos, meaning “at a distance”, and the Latin root portare, “to carry” or to move. Teleportation means to move an object over a long distance. What it also means, although this is not included in the word, is that the object leaves one location and arrives at the other without travelling by any means of transportation available at the present time.

..it is a lost science, which used to be common in the ancient world

Modern science regards teleportation as a new concept requiring new technology. Actually, it is a lost science, which used to be common in the ancient world. Researchers understand the theory involved, but no one yet has developed the necessary equipment.

Experiments and Perceptions in Modern Science

What most of people think of as teleportation involves the physical relocation of an object. The object disappears from one place and pops up in another.

Scientifically, this means that the molecular structure of the object is disassembled, the particles of matter are converted into energy, the energy particles are sent to a designated location, and then are re-converted into matter and arranged back into the shape they previously had.

Contemporary physicists agree that this process is possible. However, until the technology is well-tested there is too much danger of injury to experiment on living beings. The current experiments are focusing on minute particles at the sub-atomic and molecular level.

Initial Laboratory Success

In 1998 a team of researchers at California Institute of Technology successfully teleported a photon across a distance of approximately one meter. However, during the process the original object was destroyed.

Most physicists feel that destruction of the original object is inevitable, since only one item of a specific arrangement of molecules can exist at the same time. This is the potential risk in teleportation, because the matter must be dismantled and reassembled swiftly enough to prevent loss of life.

Ongoing Research

International studies have continued to proliferate as scientists around the world have experimented with teleportation, seeking a formula to safely move living beings across space. In 2002, an Australian team announced that they had succeeded in making a beam of light disappear and reappear in a different location.

When physicists talk about ‘teleportation’, they are describing the transfer of “quantum states” between separate atoms

More successes followed in 2004 as two independent groups conducted different experiments. The University of Innsbruck in Austria and the National Institute of Standards and Technology in Colorado USA each was able to transport an atom from one location to another within a laboratory setting. Their report comments: “When physicists talk about ‘teleportation’ they are describing the transfer of “quantum states” between separate atoms. These would be such things as an atom’s energy, motion, magnetic field and other physical properties. The ability to transfer key properties of one particle to another without using any physical link has until now only been achieved with laser light.” Australian National University physicist Ping Koy Lam was able to disassemble a laser light at one end of an optical communications system, and recreate a replica of it just one meter away. The most likely usefulness of this form of teleportation is expected to take place in telecommunications, enabling a much faster transfer of data along with the use of encryption that can never be broken.

For human beings to be teleported, however, a machine would have to be built that could pinpoint and analyse the billions of atoms that compose the human body. When interviewed, Dr Lam commented that human teleportation most probably has a long way to go. Teleportation is still experimental at the single-atom level.

In 2006, physicists at the Niels Bohr Institute (Denmark), led by Eugene Polzik, teleported photons across half a meter and used them to illuminate a cloud of atoms. This was considered a milestone because it involved teleportation between light and matter, two different objects. Dr. Polzik remarked in his press release: “Light is the carrier of information, and the atom cloud is the storage medium (for that information).” He observed that he and his colleagues expect to be able to duplicate the results over greater distances in future experiments.

A team from the University of Vienna, Austria, headed by Dr. Robert Ursin, raised the bar for teleportation in 2007 when they succeeded in transporting photons from the island of La Palma to the

neighboring island of Tenerife, at a distance of 89 miles of open ocean, with the assistance of fiber-optic cables.

Latest Breakthrough

Breakthroughs have continued steadily. The latest record has been set by Jian-Wei Pan of the University of Science and Technology in Shanghai. They have transported photons across Qinghai Lake, a distance of 97 kilometers (approximately 40 miles) of water. The experiment was conducted without the use of fiber-optics, making it the longest teleport across free space. The fiber-optic cables keep the photon path narrow and linear, while in free space they may drift out of alignment and fail to arrive properly.

Quantum Teleportation

In quantum physics, entanglement allows sub-atomic units, called quanta, to exchange information over vast distances..

These experiments have a common thread. They operate at the atomic level, and they work because of a physics principle known as entanglement. In quantum physics, entanglement allows sub-atomic units, called quanta, to exchange information over vast distances once they have been energetically connected. Energetic connections can include, but are not limited to, sharing an electric pulse or being exposed to the same chemical while they are close to each other.

Like many other discoveries in the world of physics, entanglement was first noted by Albert Einstein, who called it “spooky action at a distance”. Einstein did not have the opportunity to explore the phenomenon, and research continued until a breakthrough experiment took place at the University of Geneva in Switzerland in 1997.

The Geneva science team divided one photon (a particle of light) into two sub-particles, creating artificial “identical twins”. Using specially designed fiber-optic technology, they then sent the twins in opposite directions, separating them by a distance of seven miles. Both particles arrived at their separate destinations simultaneously. At the seven-mile terminus the pathway for each twin divided into two identical continuations. Each twin had to follow either one pathway or the other.

What astounded the scientific world was the occurrence that when the twins arrived at the divided pathway, each chose exactly the same route as the other. Furthermore, their choices were consistent every time the experiment was repeated.

Common knowledge understands that the particles are separate entities and that they have no means to communicate with each other. Nonetheless, their behavior indicates that they share a connection! This connection is the definition of entanglement – specifically, quantum entanglement.

Nicholas Gisin, team leader for the project, comments, “What is fascinating is that the entangled photons form one and the same object. Even when the twin photons are separated geographically, if one of them is modified, the other photon automatically undergoes the same change.”

Biological Faxing

The difference between quantum teleportation and the classic concept of disassembling matter and sending it across space is that in quantum teleportation the physical object does not travel. Instead, the information given to one quantum is teleported to its partner the same way that a fax works.

In faxing, the physical information on a document is transferred into energy waves which travel from one terminal to another. At their destination, the waves are converted back into readable form and the document is recreated onto fresh paper. The information has traveled, but the physical paper remains behind.

Replacing the fax terminals with quanta which have been entangled provides a means to teleport information. A “message” is created by adjusting one quantum, and the other receives it immediately. For example, one of an entangled pair is exposed to heat, and its twin reacts to the heat source to the same degree. If one becomes overheated, so does its partner.

Presently, the faxes involve only mineral atoms or beams of light. The potential lies ahead, however, of perfecting a biological fax – the sending of information between cells. When one skin cell would be exposed to sun, its fellow would develop a tan.

Ancient Vedic Tradition

In the Vedic tradition of pre-historic India, technology was developed to a degree far surpassing that of the present day..

In the Vedic tradition of pre-historic India, technology was developed to a degree far surpassing that of the present day. Much of it remains in the hands of sacred literature, in oral teachings and in the akashic/Cosmic/Heavenly record available to enlightened beings. Some details of the science on which it was based have been forgotten through lack of practice, but the foundations have been preserved and handed down from generation to generation.

Mystical Science

The rishis of the Vedic civilization, who were both mystics and scientists, discovered that matter and energy can be changed into each other

The rishis, or researchers, of the Vedic civilization, who were both mystics and scientists, discovered that matter and energy can be changed into each other. They aren't fixed into permanent forms. The phenomenon can be seen every day. Whenever water is heated it becomes steam – it transforms from liquid to gas. When it is frozen, it becomes ice, changing from liquid to solid.

The rishis took this natural occurrence several steps further and discovered how to dismantle matter (solid or liquid objects) completely into the energy particles it was composed from. The particles were then sent to the location where the object was needed and reassembled there into their previous shape, just our present-day physicists have theorized.

The rishis were also able to perform materialization, a process in which objects are formed seemingly from “nothing”.

The rishis were also able to perform materialization, a process in which objects are formed seemingly from “nothing”. Scientifically, energy is transformed into matter without having already had a solid shape. The imagination of the materializer provides the shape, color and design. For example, a yogi might want to give a talisman to a student, but none is available. He can “make” one from “nothing” by gathering energy and mentally forming it into the shape of the amulet he wants, then directing his energy to condense the molecules around him into solid substance.

Materialization is another ability demonstrated by modern-day yogic masters.

Spirituality and Siddhis

Siddhis are the birthright of each person; capabilities that lie hidden in ones biomemory ..

In the Vedic experience, teleportation was a common practice. It continues to exist today among the spiritual practitioners of India, Nepal and other areas whose religions descend from the Vedas: Hindus, Buddhists, Jains and Sikhs. Teleportation is a siddhi – a power and a natural extension of human capacity. Siddhis are the birthright of each person; capabilities that lie hidden in ones biomemory and can be developed through spiritual practice. Teleportation is one of many such abilities.

The path to enlightenment through yogic practice was recorded by an ancient master named Patanjali..

Much Vedic knowledge was not written down and thus has been hidden through the centuries in the treasured keeping of scholars and spiritual adepts. The path to enlightenment through yogic practice, however, was recorded by an ancient master named Patanjali whose name has become known worldwide for the brilliance of his work. Originally a small portion of a vast body of writings, The Yoga

Sutras of Patanjali is a collection of sutras – short aphorisms phrased very concisely for easy memorization by students, on the nature of reality and the mapping of human consciousness. Within these sutras lies the core of the Vedic science of evolution, the development of the Self.

Patanjali, himself an enlightened being, gives remarkable insights and instructions on how to transform oneself through spiritual practice. One side consequence of this inner expansion is the appearance of various siddhis such as teleportation. Patanjali cautions the seeker after enlightenment that siddhis should not be a goal for their own sake, and that if they develop they should not focused upon, lest they distract from the main purpose of practice. Nonetheless, their presence may be made known: it is among yogic adepts that these abilities are found.

The rishis learned that matter can be transformed into energy, and the reverse, through meditation

The link between siddhis such as teleportation and spiritual practice was commonly understood by the ancient rishi/saints. The rishis learned that matter can be transformed into energy, and the reverse, through meditation. Meditation, by its very nature, aligns with spirituality. While it is technically possible to meditate in a secular setting, it is a rare occurrence. The inner awareness which supports meditation and is enhanced by it naturally amplifies our sense of connectedness with something divine beyond oneself.

Recorded Accounts of Teleportation

Teleportation has been observed and described in many literary sources, both historically and today. Because of the interplay between mysticism and unusual abilities, most of these events have occurred in spiritual settings. The reason for that has now been clarified.

In the Hasidic tradition of ancient Judaism, rabbis who have sincerely and intensely practiced their prayers can develop kefitzat haderech, described as the ability to travel between two places over a wide distance, in an impossibly brief time. The term, mentioned in the Talmud, the book of Judaic mysticism,

means literally “contracting the path” or “shortening the path”.
http://en.wikipedia.org/wiki/Kefitzat_Haderech

Jesus was observed in numerous examples of “appearing”, ostensibly out of nowhere.

Jesus was observed in numerous examples of “appearing”, ostensibly out of nowhere. One of the best examples is the incident during which he also walked on the water and rescued his disciples during a storm. His disciples were in a boat, crossing the Sea of Galilee, which measures about 6 miles from one shore to the other. When they reached the midpoint of the lake, a storm blew up and they feared being capsized. They saw Jesus walking toward them on the surface of the waves, and he assured them not to be afraid. As soon as Jesus joined the disciples in the boat, it landed on the shore — some two and a half miles distant. The boat and its occupants had teleported from the center of the lake, out of danger from the brewing storm.

The life of the Buddha tells of many mystical feats, but Buddha himself did not like to display his abilities and rarely used them. However, one account relates that Buddha and 1,250 of his priestly order were blocked in their travels by the flooding waters of the River Ganga. Ganga when flooding has a current of more than seventy miles per hour and is nearly half a mile across. No boat could take such a crowd across without great delay. The Buddha was on an urgent mission and did not want to wait for the river to subside. He stepped toward the river and suddenly he and all his disciples were on the opposite bank. Only a blink of eyes had elapsed. Mahaparinirvana Sutra 28-30

Recent Teleportation Accounts

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji, in his Autobiography, tells of an amulet that was teleported into his mother’s hands from her guru, Siva Yogi. She had taken Rupnathji as a new baby to be blessed by the guru, who immediately recognized that the child would become a great mystic. He told the young mother that a talisman would come to her which she should give to her son when he showed interest in spirituality, and that once it had accomplished its task it would disappear. A silver amulet with sacred markings landed in her hands during meditation soon afterwards, and ultimately passed to maha yogi at her death. He kept it faithfully until one day it disappeared, just as prophesied. That same day he met his beloved guru and teacher, Sri Jukteshwarananda.

Another account comes from the childhood of Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji, a modern-day Indian enlightened master, who received a conch shell (used for blowing musically during temple ceremonies) from his teacher, maha Yogi. Maha Yogi was an accomplished siddha whom many witnesses observed displaying multiple extraordinary abilities. He could levitate, shatter an iron chain around his chest by taking a deep breath, call snakes from their holes and birds from the sky, go for many days easily without food or water, and other feats beyond ordinary human capacity.

When the conch landed in his hands, Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji believed it had been materialized, but when he examined it he found a date carved on it, and thought his guru was tricking him. Maha Yogi explained that it had been teleported from his own home into the boy's hands; it was a pre-existing object, transported from a distant location.

This account underscores the difference between teleportation and materialization. It is related in Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji's biography, Rupnathji Vol 1.

Harnessing the Human Energy Field

How do practitioners of Vedic spirituality evolve their abilities? Why can't everyone teleport who spends time in meditation?

The key to the access is stored within each person from birth..

The answer is that siddhis draw upon a specialized energy which lies dormant in the body. The human energy field, like an electrical field, surrounds and permeates the body. Just as electricity needs a conduit to concentrate and direct it before it can be used, human energy must be accessed to harness it. The key to the access is stored within each person from birth, but cannot be activated until one reaches a certain level of consciousness. That level is enhanced by meditation, and supplemented by other forms of practice.

Kundalini/Soul/Self Awakening

In their experiments with energy the rishis evolved a name for this access, the door to human potential. They called it kundalini, meaning “the coiled one”. It lies curled up like a snake at the base of the spine. Once uncoiled during activation, it flows up the spine to flood and nourishes the brain, producing heightened awareness, clarity of thought, and often spontaneous healing of pre-existing illness.

The rishis evolved a reliable set of practices which awakened the kundalini. They are still in use today and are as effective as they were historically. They include meditation, regulated breathing which the rishis called pranayama, and a profound technology which they designed to expand mind, body and spirit. They named it yoga. Yoga means “to unite”, bringing together all dimensions of the human entity into one system.

Centuries of practitioners, teachers and innovators have taken yoga in many different directions. Many today consider it just a health or fitness modality. As a Vedic science, however, it has the power to revolutionize consciousness and awaken one’s kundalini.

Contemporary Research On Kundalini Awakening

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji is passionately committed to reviving the ancient Vedic sciences and bringing them into daily life

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji, the youthful present-day master described in the conch shell story above, has established an experiential renaissance of the Vedic tradition at his retreat center in modern-day India. Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji has spent his entire life, beginning from age three, in advanced spiritual practice. He reached the state of enlightenment – a permanent state of expanded consciousness – at the age of twenty-two. As a master of meditation who has himself achieved many siddhis including teleportation, he is passionately committed to reviving the ancient Vedic sciences and bringing them into daily life to benefit humanity.

A beautiful mineral from moon, for the first time, got materialized to a devotee in the direct Presence of Rupnathji in Vrindaban ashram.

Working actively with scientists and researchers worldwide to decode the mystical yogic sciences of the East, he has conducted research with numerous control populations, testing the conditions under which these processes operate and the mechanisms by which they can be duplicated in people without many arduous years of spiritual practice.

Experiments With Kundalini

He has found that awakening the kundalini facilitates the flowering of siddhis even in “ordinary” human beings — those who have not spent a lifetime in yogic pursuits. He has also discovered how to awaken the kundalini in others. He has learned that the first siddhis to manifest in his experiments have been levitation, materialization and teleportation.

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji has teleported many objects and substances across distances ranging from a few meters to thousands of miles..

Experimenting in the realms of teleportation, materialization and levitation, first with small groups and then extending into the public domain, Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji has teleported many objects and substances across distances ranging from a few meters to thousands of miles. He has sent powdered turmeric and sacred ash – items used in Vedic rituals – from India to locations in North America, Europe and the Middle East. At times he has teleported carvings from his quarters into his public meditation hall. In one such event, he transferred a palm-sized statue of the Hindu elephant god Ganesha, which he himself had made, to the hands of a follower sitting near him in the hall. The statue had previously been in his room at a distance of 10 minutes’ walk.

<http://www.vak-siddhi-jyotish.net>

Increased Bliss, Dynamic Energy

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji speaks on Kundalini awakening in the context of teleportation: “Kundalini/Soul Awakening (2012 Truth is Not Just Prophecy)

When Kundalini energy is awakened, the energy goes up by 967%..

Kundalini is the inner potential energy which is available to all of but is not directly used by us. When Kundalini energy is awakened, there are physical effects on the body. The brain patterns get rewired to a higher conscious coherence. The highest possible conscious coherence starts happening. The mitochondrion cell energy goes up. Mitochondria are the batteries of the body cell. The energy goes up by 967% compared to only 40% by any available physical exercises such as yoga or working out at a gym. Healing of the physical diseases automatically happens and ultimately the highest consciousness is achieved.

Kundalini Awakening brings many benefits but one is mental health, the feeling of well being. Every day when one wakes up the intense excitement to live that day will happen. The tremendous enthusiasm and job to live every day will be an excitement! Every day will be inspiring you, not perspiring. When one experiences Kundalini Awakening the whole brain goes through a new "rewiring". New subtle brain grooves start developing in his system.

The non-mechanical parts of the brain get awakened. The brain has two parts – one is mechanical and the other is non-mechanical. The mechanical parts of the brain control the breathing and your blood circulation. Mechanical parts are functioning in all normal human beings.

The non-mechanical parts of the brain are like telepathy, teleportation, extraordinary powers. Now so much research is happening in the line of telepathy. The scientific community has experienced that it is possible. Teleportation is possible. These are the extraordinary powers of the mind. The brain is hard-wired to experience the ultimate and play with all the extraordinary energies of the cosmos and all energies of the universe. Kundalini awakening means awakening all the non-mechanical parts of the brain."

Duplicating the Science

The ability to carry sound from one location to another is a preliminary form of teleportation..

The ability to transport physical solid objects across significant distances, and even the ability to transport oneself, is achieved in the Vedic context by awakening one's kundalini. Can the science be duplicated through mechanistic technology alone? Modern calculations have already discovered some of the science of the rishis. The pattern of sound waves in a telephone is carried by an electric current from the source to the destination, where it is 'reconverted' to sound. The ability to carry sound from one location to another is a preliminary form of teleportation.

Sound, however, travels in invisible waves. Although it is known to exist and therefore has substance, it seems simpler to re-pattern a sound wave than to dissolve and reconstruct a tangible object. The consequences are less damaging if the object dissolves as injury to a sound wave is not likely.

Activating the kundalini can make teleportation a reality for every human being..

Currently scientists are stating that they expect to be able to teleport human beings "in about three hundred years". Given the sudden leaps in technological advancement and the discoveries of the past century, that might be an overly cautious estimate. Vedic science and mysticism is again readily available, there is no need to wait the painstaking development of conventional science. Activating the kundalini can make teleportation a reality for every human being.

Humanitarian Aspects

Why is teleportation important? Other than making our daily lives more convenient, is it significant? Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji sees it as a pivotal step in humanity's evolution. He delivers his insights:

"In the science of teleportation, all objects are energy particles – they can be dismantled and assembled again by the same energy. All objects are made out of energy, dismantled and assembled anywhere, as the whole base remains as energy.

Q: What is the benefit of teleportation to humanity? A: When someone receives teleported material in their hand or body, or sits in a place where the receiving is happening, the whole space vibrates in the highest frequency by whom teleportation happens. The other day some scientists were explaining A is a

teleporter, B is the teleported object and C is where it is teleported. B & C vibrate in the same frequency of A, and then B disappears and appears in C.

If there is teleportation happening in your hand or your presence, your body raises to the highest frequency

If there is teleportation happening in your hand or your presence, your body raises to the highest frequency. That is the benefit to humanity. The object itself is not a big thing. Of course materializing a diamond can be important, but for me, stone and diamond are the same thing. Only some people value a diamond.

The object teleported itself doesn't matter much – vibhoot, kumkum – but the vibration of teleportation is something extraordinary. Please understand, dismantling and assembling can happen.”

Tantra Siddha Maha Yogi Shastrisree Paramahansa Dr.Rupnathji describes teleportation in terms of Vedic cosmogony, and demonstrates that the two processes are the same:

“Hiranyagarbha, the cosmic mother womb, the creation that happened; Dasa Mahavidyas (a Vedic goddess); when dismantling and assembling, teleporting & materializing, this is the presence of the Intense Mother.

Decide you will start living, from self interest in your system. When you are in such a presence you can raise your frequency.”

When we witness a high-energy event like teleportation, our own energy responds..

He goes on to explain that when we witness a high-energy event like teleportation, our own energy responds and becomes infused with the high vibrational level of the event. Repeated exposure can permanently raise our energy to a more advanced frequency.

“Positive things will be expressing in your life. Make a decision. It becomes something you discover: your muscle memory, your most inner intelligence, you may be foolishly fighting it. But in the space of the Master, space where the teleportation happens, high intensity space, your brain will pick up extraordinary energy. The non-mechanical parts will be awakened.

“Teleportation and materialization are directly useful because of the high frequency in which they happen. The energy field where this kind of material is getting dismantled, moved, reappearing: when you go and sit there, the energetic information of teleportation takes place in you. It has more value than a just the money value of a teleported object, when you are in the presence. In teleportation and materialization, you may not have personally received the object in your hand, but you receive the information.

This information relates to successful life, health, enlightenment – really our body is just a computer it can be programmed. This energy of teleportation is just like software.

Let there be kum kum teleported! Teleportation is programming; when heat is felt in our bodies during the process, programming happens in us. We receive the essence of 101 great truths! That is the benefit of materialization and teleportation.”

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji ends by pointing out that not only objects, but thoughts as well, can be teleported. This branch of teleportation is sometimes called telepathy.

..101 great truths that I don't express verbally get teleported into all of your systems

“When you feel heat you are being programmed. 101 great truths that I don't express verbally get teleported into all of your systems. Understand, all of the information on teleportation happens inside you, even if the kumkum doesn't happen in your hands.”

The age of teleportation is no longer a dream of science fiction. It has arrived.

Teleportation: the New Reality

As scientists explore the mysteries of energy transference, those on the leading edge are realizing that the scriptures describing the Vedic culture's experiences with energy are literally true. Prior to the advent of quantum physics, it was assumed by scientists and Vedic scholars alike that the formulas and concepts recorded in the sacred texts were metaphors, mystical abstractions. Now the realization is dawning that they are practical accounts, offering a template which can be duplicated.

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji is inviting scientists to collaborate with him to make Vedic technology available for universal use.

Laying claim to that knowledge can create a large short-cut for the step-by-step process of laboratory physics. Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji, through his experiments, has found a way to offer this short-cut to the world. He is inviting scientists to collaborate with him to make Vedic technology available for universal use.

Levitation

Have you ever imagined or dreamed you could fly? Yogic masters and other saints have demonstrated it is possible to fly and/or have the body lift off the ground. Amazingly, spiritual seekers around the world are experiencing levitation after being initiated by Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji

..spiritual seekers around the world are experiencing levitation after being initiated by Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji

Have you ever imagined or dreamed you could fly? Feeling light and unbound by gravity; lifting off the earth! Yogic masters and other saints have demonstrated it is possible to fly and/or have the body lift off the ground, float for some seconds, then gently land again. The ancient teachings of the Vedic wisdom reveals yogic techniques to experience levitation of the physical body. Amazingly, spiritual seekers around the world are experiencing levitation after being initiated by Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji and practising yogic breathing techniques under his guidance. Normal everyday people are lifting off the ground, defying gravity and experiencing feelings of joy, bliss and happiness – all these as a side effect to expanding consciousness on the path to enlightenment.

Although levitation has been part of the spiritual practice of yogis for thousands of years, people in the western world have generally been introduced to levitation in magic shows where people suspend belief, and enjoy the “tricks”. Western definitions of human levitation often reveal skepticism such as: Levitation is the act of ascending into the air and floating in apparent defiance of gravity. No one really levitates; they just appear to do so. and The physical body rises into the air, hovers or moves through the air with no visible means of support, seemingly in defiance of the force of gravity. Levitation in a paranormal context is the claimed raising of a human body through mystical means. The definitions may have elements of implied disbelief, but in the eastern spiritual traditions and texts levitation is a reproducible science available to the serious student of yoga.

Levitation in scientific settings

Levitation in the scientific world as described by Wikipedia “is the process by which an object is suspended by a physical force against gravity, in a stable position without solid physical contact. A number of different techniques have been developed to levitate matter, including the aerodynamic, magnetic, acoustic, electromagnetic, electrostatic, gas film, and optical levitation methods.”

Some basic understanding of gravity, air and sound is helpful when discussing scientific levitation.

Gravity is a natural force that causes objects to attract one another. Isaac Newton’s law of universal gravitation states that every object in the universe attracts every other object with a force that is

directly proportional to the product of their masses and inversely proportional to the square of the distance between them. People, animals, and objects are strongly attracted to Earth due to living on Earth and the size of the Earth. Although scientists have not proved or explained what exactly causes the attraction, they believe it exists everywhere in the Universe. Although Einstein's theory of general relativity has replaced Newton's law, Newton's law continues to be used as an approximation of the effects of gravity.

Earth's atmosphere, air, is made up the gases nitrogen, oxygen, argon, carbon dioxide and other gases along with some water vapor. Air behaves like a fluid and moves like water does.

Sound is a vibration that travels through air. A sound's source is an object that moves or changes shape very quickly. Striking a bell causes the bell to vibrate and this causes the air molecules to vibrate creating a forward travelling wave. Sound is action. Sounds are basically compressions of air hitting a human ear drum.

Acoustic levitation uses the properties of sound waves in a specially designed device to levitate objects. The sound waves used are extremely intense sounds and are nonlinear by nature. Nonlinear acoustics is a complex science. The sound waves are extremely intense and strong. A simplified explanation of the theory for levitation with sound is: The sound wave travels one direction, then gets forced back the other direction, back and forth. In the path of the wave will be a place where minimal movement will occur, the node of the standing wave. This is the place where objects will be suspended. An example of sound moving large objects through space can be seen in the following example.

In the book *The Bridge to Infinity* by Bruce Cathie, excerpts from a story of astonishing feats of levitation accomplished by priests in a monastery high in the Tibetan Himalayas is taken from a German magazine and recounted.

A Swedish doctor, Dr. Jarl... studied at Oxford. During those times he became friends with a young Tibetan student. A couple of years later, it was 1939, Dr. Jarl made a journey to Egypt for the English Scientific Society. There he was seen by a messenger of his Tibetan friend, and urgently requested to come to Tibet to treat a high Lama. After Dr. Jarl got the leave he followed the messenger and arrived after a long journey by plane and Yak caravans, at the monastery, where the old Lama and his friend who was now holding a high position were now living.

One day his friend took him to a place in the neighborhood of the monastery and showed him a sloping meadow which was surrounded in the north west by high cliffs. In one of the rock walls, at a height of about 250 metres was a big hole which looked like the entrance to a cave. In front of this hole there was a platform on which the monks were building a rock wall. The only access to this platform was from the top of the cliff and the monks lowered themselves down with the help of ropes.

In the middle of the meadow about 250 metres from the cliff, was a polished slab of rock with a bowl like cavity in the center. The bowl had a diameter of one metre and a depth of 15 centimeters. A block of stone was maneuvered into this cavity by Yak oxen. The block was one metre wide and one and one-half metres long. Then 19 musical instruments were set in an arc of 90 degrees at a distance of 63 metres from the stone slab. The radius of 63 metres was measured out accurately. The musical instruments consisted of 13 drums and six trumpets. (Ragdons).

As the speed of the drumming, and the noise increased, the big stone block started to rock and sway..

Behind each instrument was a row of monks. When the stone was in position the monk behind the small drum gave a signal to start the concert. The small drum had a very sharp sound, and could be heard even with the other instruments making a terrible din. All the monks were singing and chanting a prayer, slowly increasing the tempo of this unbelievable noise. During the first four minutes nothing happened, then as the speed of the drumming, and the noise increased, the big stone block started to rock and sway, and suddenly it took off into the air with an increasing speed in the direction of the platform in front of the cave hole 250 metres high. After three minutes of ascent it landed on the platform.

Continuously they brought new blocks to the meadow, and the monks using this method, transported 5 to 6 blocks per hour on a parabolic flight track approximately 500 metres long and 250 metres high. From time to time a stone split, and the monks moved the split stones away. Quite an unbelievable task. Dr Jarl knew about the hurling of the stones. Tibetan experts like Linaver, Spalding and Huc had spoken about it, but they had never seen it. So Dr Jarl was the first foreigner who had the opportunity to see this remarkable spectacle. Because he had the opinion in the beginning that he was the victim of mass-psychosis he made two films of the incident. The films showed exactly the same things that he had witnessed.

Magnetic levitation suspends objects with no other support than magnetic fields. The magnetic pressure counteracts the effects of the gravity. Mathematics and physics combine to prove the theory. A very practical use of the magnetic levitation science is the German engineered high-speed monorail with a

patent dating back to 1934. The first commercial project was completed in 2004, the Shanghai Maglev Train covering 30.5 km (18.95 mi). The maglev system has no wheels, rather it hovers above the track using the attractive magnetic force between two linear arrays of electromagnetic coils. The train floats on a frictionless magnetic cushion!

Electromagnetic levitation uses electromagnetic radiation for levitation.

Electrostatic levitation uses an electric field to levitate a charged object and counteract the effects of gravity.

Aerodynamic levitation is created by floating an object on a stream of gas, including air. A helicopter and hovercraft uses down thrusts to achieve levitation.

Gas film levitation uses a thin gas film to float an object. An air hockey game, where the puck is lifted by a thin layer of air is an example of gas film levitation.

Casimir force can be used on micro-objects to levitate them. Casimir force is a force that attracts. Scientific calculations have proven that the casimir force can be a repulsive force creating levitation. Casimir effect is part of quantum field theory utilizing conducting metals, vacuum expectation value of energy and the quantized electromagnetic field. In some new research with the Casimir force, Professor Ulf Leonhardt and Dr. Thomas Philbin report they can use the Casimir force to repel, rather than attract. The force is not an electrical charge, nor gravity. The casimir force is the fluctuations in an all-pervasive energy field in the empty space between the objects. This is one reason atoms stick together, also explaining a "dry glue" effect that enables a gecko to walk across a ceiling. Although the technology is still in the early stages, the application of the technology would be to have frictionless machines.

Levitation of spiritual saints and yogis have been witnessed throughout history

The moment he did that, the body would lift from the ground like an inflated balloon!

In his biography, Rupnathji Vol 1, Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji describes seeing his yoga teacher, Yogiraj Dhyanananda Puri or maha Yogi, levitating. maha Yogi was a yogi of great skills and powers and lived on the same street as Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji. maha Yogi was born and brought up in Burma (now Myanmar), where he learned yogic procedures from Buddhist lamas. maha yogi was a yoga adept and could levitate. He would lift himself up and ask children to move under him to check that there was nothing supporting him, to prove that what he was doing was no magic or illusion. He would do this through a combination of yogic postures (asana) and breath control (pranayama). maha Yogi trained young Rupnathji to levitate also. Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji says in Living Enlightenment, "Usually, a logical mind cannot accept or understand that all this is possible, but this great Yogi made everything possible. I had the good fortune to be around him and see him levitating, not once but at least 20 times. He would inhale deeply and hold the breath. The moment he did that, the body would lift from the ground like an inflated balloon!"

Rupnathji goes on to say that only a person who has experienced the consciousness of Patanjali can bring Patanjali and all the dimensions of yoga such as levitation, back to life. Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji says that he had the great fortune to be with such a master (maha Yogi)who had experienced the consciousness or the inner space of Patanjali.

Milarepa, a yogi of Tibet (born 1052), was very dedicated to the spiritual practices of Buddhism. As a by-product of enlightenment, he acquired many spiritual powers including levitation. It is said he could walk, sleep, and rest during levitation.

The Jain scriptures speak of Jain ascetics who would fly from place to place in a matter of seconds. The most skillful ascetics in levitation were Swami Vivakapuri and Swami Pragyasuri.

In 1936, Yogi Pullavar levitated for five minutes in front of 150 witnesses. The day was sunny with no clouds. The visibility was perfect for viewing. The Illustrated London News carried the story and photographs of the event. Many people were allowed to search for props or supporting devices but none were found.

Pindola Bharadvaja was one of Buddha's 16 disciples who attained special powers or siddhis. A story is told that in one of Bharadvaja's joyful moods he said: Do you think flying in the sky is magical? I will show you some spectacular acts! Then he jumped into the sky and flew. Unfortunately for Bharadvaja, Buddha was displeased at the display of powers to impress and amuse. Always, the special powers

come with a warning – do not get caught in the powers. The siddhis are by-products of the spiritual practice and enlightenment is the goal.

A yogi's body loses its grossness after use of certain pranayamas. – Tantra Siddha Maha Yogi
Shastrishree Paramahansa Dr.Rupnathji

In his autobiography, Paramahansa Dr.Rupnathji relates a story about his encounter with a friend who had seen “the levitating saint”, Bhaduri Mahasaya. The yogi often remained in the air, several feet above the ground. Dr.Rupnathji was asked by his friend, “How does Mahasaya remain in the air, defying the law of gravitation?” Dr.Rupnathji replied: “A yogi's body loses its grossness after use of certain pranayamas. Then it will levitate or hop about like a leaping frog. Even saints who do not practice a formal yoga have been known to levitate during a state of intense devotion to God.”

The Roman Catholic Church has many “flying” saints, reportedly over 200 saints! One of the famous flying saints is Saint Joseph of Cupertino, Italy. On October 4, 1630 in Cupertino during the festival of St Francis of Assisi, Joseph was helping in the procession when he flew into the sky and hovered over the crowd. Also, he floated a few feet off the ground in front of Pope Urbain VIII. It is reported he levitated more than 100 times. Joseph's ecstatic experiences were often triggered by hearing church music, church bells, the name of God, the Virgin Mary or other saints. He died in 1663 and was eventually canonized by the Church for his unique flying ability.

Saint Teresa of Avila was a well known levitator in Madrid in 1680. Paintings of her show her in mid-air demonstrating her ability to levitate. Sister Ann of Incarnation witnessed Teresa lift off the ground one and a half feet and hover for 30 minutes. St. Teresa wrote of her experiences: “My soul was carried away and now and then the whole body as well, so that it was lifted up from the ground...After the rapture was over, my body seemed frequently to be buoyant, as if all weight had departed from it, so much that now and then I scarcely knew that my feet touched the ground.”

Maria Villanie, a 17th century Dominican nun experienced levitation. She did not know how or why it happened yet she said she felt great contentment and joy of spirit. “I felt myself seized and ravished out of my senses so powerfully that I found myself lifted up completely by the soles of my feet, just as the magnet draws up a fragment of iron, but with a gentleness that was marvellous and most delightful.”

In recent times many scientific experiments have been conducted on extraordinary yogic powers that Tibetan Lamas have acquired through breath control and meditation.

In recent times many scientific experiments have been conducted, most notably by Dr. Herbert Benson and others of Harvard University Medical College, on extraordinary yogic powers that Tibetan Lamas have acquired through breath control and meditation. These include increasing the body temperature, levitation and many extraordinary physical feats not normally possible for humans. What maha Yogi did was quite similar to some of these findings.

Levitation: A Vedic Perspective

The Vibhuti Pada (Book III) of the Yoga Sutras of Patanjali describes levitation along with other spiritual powers

From these examples, one understands the yogis, swamis and saints of the past have demonstrated amazing qualities of levitation. The saints from the Christian and Roman Catholic backgrounds did not know why they experienced levitation. Levitation was mysterious and an embarrassment to the Catholic Church. In fact, St Joseph of Cupertino was brought before the Inquisition of Naples in 1638 because of his “flying”. Pope Urban VIII exonerated him from any fraud, yet he was sent into seclusion for the rest of his life. In contrast to the Catholic Church, the Vedic spiritual tradition studied levitation and accepted “flying” as a special power or siddhi that can be expressed on the path of enlightenment. The Vibhuti Pada (Book III) of the Yoga Sutras of Patanjali describes levitation along with other spiritual powers. Mystics believe the power to fly is something that comes from within, that it can be cultivated by anyone.

Levitation has three stages, as described in the Yoga Sutras of Patanjali. The first stage is “hopping”, as Paramahansa Dr.Rupnathji said that a yogi’s body will “hop about like a leaping frog”. In stage two, the body will hover in the air before descending. Stage three involves yogic flying and mastery of the sky. In all stages the experience is reported to involve inner peace, joy, bliss, lightness, and an intense happiness.

Laghima is the term used in the Yoga Sutras meaning to have no weight. Laghima Siddhi means “the ability to make one’s body lighter than air and fly at will”. Laghima is the control of the effect of the earth’s attraction on the body by developing in each cell the opposite (centrifugal) tendency. When laghima is perfected it is stated that the siddhis have the ability to travel on the sun’s ray and enter into the sun planet.

During levitation, the inner space of the receiver enters into entanglement with the pure inner space of the enlightened being

In Vedic philosophy, the human body is compared to an open pot, in the sense that the same space exists both inside and outside of the human body, separated only by the seeming boundary of the pot (the body). During levitation, the inner space of the receiver enters into entanglement with the pure inner space of the enlightened being, and loses the dirt of thoughts and engrams contaminating it. The body becomes light and as a result, the body is lifted off the ground, much like a helium balloon rises into the air.

Levitation is the most visible indication that the grip of karmas is reducing

Levitation is the most visible indication that the grip of karmas (bio-memories) is reducing; the willingness to let go of pain, fear and guilt has started to happen. A transformation is happening and these outward indicators can be a powerful support on the spiritual path.

Michio Kushi (born in 1926 in Japan, introduced macrobiotic diet to the West) was seen levitating in front of a group during one of his presentations by a participant, Keith Varnum. Keith Varnum reported what Michio Kushi had to say about levitating. “Levitation is very easy. It is a natural, simple process. You all can do it.” The technique is to empty one’s mind and clear the consciousness. One must eliminate ego and self-absorption and the awareness of the small self. When the awareness of the personality is gone along with the self-concern and limiting beliefs, one can move with the natural laws of the universe. One can “utilize the electro-magnetic wave energy that moves between the earth and the sun, moon, planets and all the heavenly bodies in the universe.” The universal energy is in motion from the rolling waves and tides of the ocean, spiral energy patterns reflected in sand, shells, the body, and plants. Letting this same energy move one’s body is levitation.

Levitation – Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji's Presence and Perspective

For the spiritual seeker, levitation can be experienced at a beginner's level with the grace and initiation of Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji

For the spiritual seeker, levitation can be experienced at a beginner's level with the grace and initiation of Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji. This process can be experienced in Inner Awakening, a 5 day meditation program with Paramahamsa Dr.Rupnathji, a living avatar. The program is created to awaken the ultimate inner potential energy, Kundalini energy, within each participant. With the Kundalini energy activated, innumerable practical benefits will manifest in various dimensions of life; health, wealth, relationship, education, career and more. Levitation of the participant's body is often a tangible, side effect of the spiritual awakening.

In the Inner/Soul Awakening program, most participants have had some experience of levitation..

In the Inner/Soul/Kundalini Awakening program, most participants have had some experience of levitation, even if the extent of levitation is the height of one eighth inch! Some participants repeatedly reach heights of two or three feet off the ground. Paramahamsa Dr.Rupnathji called this level of levitation "hopping". Critics may say the person is physically creating the levitation, however the critic would have an impossible time achieving this feat through the will of the body effort. Levitation is a phenomenal process when considering it means lifting the 50-100 kg body weight against the gravitational force of the earth while sitting in padmasana (legs locked in lotus position) with hands locked in samana mudra (clasped hands).

One participant of the Inner Awakening Program, Sridevi, tells of her levitation experience:

I bounced up and down off the ground a few times. At one point I actually bounced so hard that my mala (a string of beads worn around the neck) flew right off of me! It was just incredible. But not so much the levitation as the deep feeling bliss while doing the levitation.

Sridevi

Bertina, an IA participant and physical education teacher from Vancouver, BC said:

I have been meditating, just regular meditation, like many people do, but this kind of meditation I never imagined that in just a few days would put me to such a state just literally levitating. So, it just took me by surprise....it just is exhilarating laughter and joy and absolute bliss just happening. The state of mind that came with the levitation was I guess the most precious thing.

BertinaVancouver

Levitation is a result of powerful yogic techniques that balance the Samana

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji explains what happens in the body to create this “paranormal” event. Levitation is a result of powerful yogic techniques that balance the samana. Samana is a process that is responsible for moving the air all over the body from the tips of 10 fingers and toes to the crown chakra. The prana or life-force energy is stored in tiny air sacs beneath each hair of the skin. The air sacs get the life energy from the cosmos. If these air sacs are filled and balanced throughout the body, levitation can be experienced.

When the air energy is equal unto the body weight of the participant, the lifting of the body happens..

Participants of the Inner/Soul/Kundalini Awakening programs are reminded that the main purpose of the initiation of the master and yogic processes to balance the samana is for enlightenment. As a by product, when the air bags under each hair hole or follicle are full, the participant will feel light, blissful, happy and joyful. When the air energy is equal unto the body weight of the participant, the lifting of the body happens. When the air sacs are at least 75% pure life energy and only 25% thoughts, physical levitation can occur. When the pure life energy is 100%, a person can turn the floating body in the air, the body will be more like flying – a person can be the pilot of his/her own body! The yogis of the past reached this state of flight.

Enron Guarian, a yoga instructor, says of Rupnathji's ability to reduce thoughts:

When I look within, things are very chaotic at first, and there are a lot of thoughts and ideas that come and go. Through the techniques with Rupnathji, he is the expert! No matter what state of mind I'm in, no matter how chaotic or how busy my mind might be, he has many different techniques that has the effect on the mind that slows down the thinking process. It just blows my mind. Every day he introduces a new technique of meditation – when you use his techniques to go look inside – I start to see the thoughts and I see the spaces in between, and there's gaps. All of a sudden an empty space appears, it is very beautiful, restful, and delightful. It's very enjoyable. When I experience that space, when Rupnathji introduces the idea that if something wants to happen in your body, if you feel light, let anything happen. So with that mind, in that space or no-space because there is nothing there, I just feel like my body gets so light that it wants to fly. And that's what I call it. I call it flying. I come off the ground. Your body gets light and lifts off. It's a beautiful experience. I have never had such a joy.

Enron Guarian Yoga Instructor

A crucial part of the process for the spiritual seeker to levitate is the initiation of Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr. Rupnathji.

A crucial part of the process for the spiritual seeker to levitate is the initiation of Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr. Rupnathji. Otherwise, it can take a practitioner about twelve years of extraordinary self-discipline and spiritual effort to get the first taste of levitation. But an adept in the yogic science of levitation, who can transmit his own yogic power to the learner, can make it happen in a matter of days or even hours which has happened in the Inner/Soul/Kundalini Awakening program. The energetic involvement of an enlightened master is the difference between a technique and a process. In a technique, the effort and responsibility for success falls on the learner. In a process, the enlightened master takes all the responsibility!

Initiation is a deeply mystical process to transfer energy from the Master to the seeker

Initiation is a deeply mystical process to transfer energy from the Master to the seeker; in this context to activate samana balancing and initiate the levitation process. To some extent, initiation can be explained by the quantum physics principle of entanglement.

Quantum entanglement is a theory in physics which describes the way particles of energy can become correlated to interact with each other in predictable ways, regardless of how far apart they are. The state and actions of one of these particles can influence the state and actions of the other particle, if the particles are entangled. Entangled particles can communicate with each other over vast distances, yet how they communicate remains a mystery to science.

Entanglement is the scientific principle used to explain all processes involving energy transfer, whether spiritual healing, kundalini/Soul awakening, levitation, teleportation or materialization. An enlightened being has the super conscious state to raise others into his own elevated state by the subtle pressure of his presence. When the mind of the receiver comes in touch with the no-mind (thought-free mind) of such a being, a process similar to entanglement happens, and thoughts subside in the mind of the receiver. Spiritual entanglement happens when the receiver is mentally in tune with the source and is open to receiving the energy.

John Hagelin received his PhD from Harvard University in 1981. His field of study is particle and quantum physics. He has studied and written many papers on the unified field. John Hagelin is the founder of US Peace Government and works for the Maharishi University of Management. He is trained in Transcendental Meditation. In the 1970's his interest in meditation and quantum physics developed simultaneously. Dr. Hagelin proposes that the unified field is consciousness. The unified field of consciousness is the energy layer where entanglement occurs. From his website Permanent Peace is the following explanation for yogic flying from his point of view: As explained in the Vedic science of consciousness, Yogic Flying develops the ability of the individual to act from the unified field of all the laws of nature. The mind-body coordination displayed by Yogic Flying shows improved correlation between consciousness (the unified field) and its expression—the physiology. Since increased brain wave coherence is one indication of Transcendental Consciousness, moreover, it is significant that EEG studies have shown that during Yogic Flying, at the moment the body lifts up, coherence in brain wave activity reaches a peak.

Deeper Truths about Levitation

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji explains : Levitation, as an expression of spiritual powers, is part of a very old Vedic tradition. Let me describe some of the deeper things that happen during levitation. The deepest reflectors of the consciousness are awakened. In the body, brain, and muscle there are different levels of reflectors of consciousness. If just your lower level reflectors are

there, like mirrors they will reflect where the dust is more and the size and shape of the mirror is different; concave, etc. The reflection will not be the highest and truest to the original. You have more pure, stable and deeper layers of reflecting mirrors. In awakening the deeper and more pure reflecting mirrors, the original super consciousness does not feel the individual identity. Your individual identity is experienced on the reflecting mirrors. The quality of the reflecting mirror is going to directly have a say on the quality of the identity you feel as you. If the mirror is pure and clean, naturally the quality of you, what you feel, not only will be deeper and higher – it will be truer to the original. For example, an ordinary logical calculation is part of your brain functioning; the highest, deepest intuition is also part of your brain functioning. When your logic mirror reflects the super consciousness, you feel logic is your identity. Unfortunately that is not a complete or a total identity. But when you feel your intuition mirror is mirroring your consciousness, naturally your intuition part feels you as “I” and you have tremendous joy and respect for yourself. When the intuition reflects the mirror of consciousness, that is what I call highest coherence.

Understand levitation itself does not lead you to the highest conscious coherence. Through levitation I initiate you into the highest conscious coherence but only when your body is prepared, only when the muscle memories are in tune and your muscle memories are properly awakened the highest coherence stays in you permanently.

Levitation does not mean that you reach the end..

Levitation does not mean that you reach the end. Levitation means the higher parts of your mirror are made to reflect the high consciousness happening now. When the high consciousness reflects on the high part of your mirror, all other part of the muscle memory needs to alter itself, needs to prepare itself for the highest radiation. Morning levitation is like an intense energy dosage, the whole day you are working physically and using the mind to iron out all the stress, not allowing the stress to accumulate. With this understanding you will see that the energy you received through levitation will be digested and will become part of you.

Participant at INNER/KUNDALINI/SOUL AWAKENING levitates after receiving initiation from Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji

Effect of Kundalini Awakening and Levitation on One Brain

Dr. Pinaki Panday is a trained psychologist having more than 23 years of experience as a behavioral psychological consultant with various reputed industrial and business concerns. She is the founder of Munjan Humanity Karigar and Maxcellence – Peak Performance Solutions. She is trained and certified on Eye Movement Desensitization and Reprocessing and in Biofeedback, Neurofeedback and Quantitative EEG.

Dr. Pinaki Panday conducted a research project in July, 2010 on one disciple of Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji to determine what happens in the brain during levitation. Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji reports: First, when the normal brain was checked, they found: 1) She has a brain! 2) It is normal. 3) When the kundalini energy was awakened and levitation experienced, Dr. Panday said the awakened state was intensely expressed, also the deep sleep state was intensely expressed. No outer world information was being processed. When the brain was cut off from outer world processing and the individual "story" disappears even for a few minutes, healing can occur. Energy in the brain was 1,000 times more, which is extraordinary and beyond our limit of understanding. Unimaginable! In all my 23 years of practicing I have not seen anything like this!

Research on Living Enlightenment Process (LEP) Participants

Research was done during the 48-day Living Enlightenment Process at the Yoga ashram in Silchar India, when over 60% of the participants experienced physical levitation within 48 hours of the commencement of the course. By the end of the course, over 90% of participants experienced physical or psychological levitation.

The research at the ashram will followed all of the FDA standards. It is also worth noting that other research projects in relation to energy activation, meditation and yoga at Rupnathji Yogadhyana peetam have been approved by State Medical School in the United Nations where serious research is in progress using well established scientific protocols.

My vision for 2016 is an enlightened mantra for the new generation! smiles Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji.

“Planet Earth is ready for a breakthrough in consciousness. After all, 2012 is just around the corner! My vision for 2016 is an enlightened mantra for the new generation! And I am going to do my best to make it happen!”, smiles Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji. Levitation is a process that is moving us to toward a new earth of increased consciousness and coherence, where peace, compassion and conflict-free living is a lifestyle.

Upanishad: Sitting with an Enlightened being

In today’s fast paced society, many people feel the need for increased support and help at many levels and are opting for counseling, therapy, self-help groups or meaningful communities as ways to improve their lives. As the traditional means of support are disappearing from nuclear and extended families, local jobs, traditional villages and communities where people have had roots for generations, individuals and families are experiencing increased stress at all levels. This stress is coming from all facets of life; job, finances, school and relationships which translates to a world-wide rise in depression.

Support can come from any number of newly familiar sources, a counselor, minister, therapist, or from a close friend we trust. As the focus shifts from crisis management to changes in daily behavior to an overall mental shift, we may recognize that our present perception of life is somehow the source of our trouble. Instead of searching for a way to mend our existing lifestyle so that we can settle back into our stressful comfort zone, we may seek to learn a fresh way of being — remodeling our lives from the inside out, rather than just patching up the exterior.

When we put ourselves in the space of receptive listening and learning, we are entering the zone of Upanishad.

The term Upanishad signifies three things. It is a spiritual practice, a scientific concept, and a collection of sacred texts, some of which are among the earliest writings in all of Hindu religious thought. Generated originally through oral transmission, Upanishads have been noted down over time, along with numerous commentaries added by those who have passed them to ensuing generations.

Upanishad as spiritual practice

When students sit close to an enlightened being, they draw in his knowledge and wisdom beyond the dimension of words..

The Upanishads are composed in the language of Sanskrit. Upa means “near to” or “close by”; ni means “down” and s(h)ad means “to sit”. Thus literally the word upanishad means “to sit down nearby”. When are seated near an enlightened master who has already grasped the deep truths and high realizations of the cosmos, we are sitting in Upanishad. When students sit close to an enlightened being, they draw in his knowledge and wisdom beyond the dimension of words. Non-verbal understanding as well as verbal instruction is transmitted. The unstated, underlying meaning of upanishad confirms this phenomenon. The act of sitting is named as a physical happening; but what takes place spiritually cannot be described, so it is left to the understanding of those who have experienced it, who record their experiences.

According to the book of Dr.Rupnathji, when a disciple sits in the presence of the master, the same experience that happened in the master is reproduced in the disciple. The disciple who experiences the master and within whom the master has reproduced, writes down his recollections on how this process has happened. The disciple or master or someone else writes an account of how the experience was reproduced in the disciple – what happened when the process began, how it ended and what happened when it ended. This report is referred to as an Upanishad.

Upanishad encompasses the mystical, deeper teaching which is not available through verbal instruction

As used by Indian scholars and philosophers, Upanishad encompasses the mystical, deeper teaching which is not available through verbal instruction. It has been translated as “sitting with the master” and “sitting at the feet of the master”, since for those outside the Hindu cosmology, the master’s presence is not self-evident. However, the most correct interpretation is “just sitting”. By sitting in silence, an effect is achieved that surpasses normal communication, and this effect is the primary accomplishment, rather than a classroom exchange of information.

The science of upanishad

It is specifically the effect of wordless transmission that characterizes Vedic spirituality, in which philosophy simply confirms the discoveries of science.

The science of Upanishad is founded on quantum physics and mechanics. Although only recently rediscovered by modern scientists, the principles of quantum physics were well understood in Vedic civilization. The basic tenet is that all beings and objects are composed of molecules which vibrate at varying rates of speed. Nothing is actually stationary, even when it appears solid and unmoving. The level of vibration is determined both by an organism's intrinsic nature and by its state of awareness of itself. In the case of human beings, when we function only from predetermined, unquestioned beliefs which we have accepted from our surroundings (families and society), we tend to vibrate at a low level. This level is our "default", like a default computer setting. A second and corollary cause of low frequency is negative emotion, which suppresses our energy flow and keeps us from connecting to the universal life around us.

Once we begin to examine our thoughts with conscious attention, we can deliberately raise our vibration to a higher frequency

Once we begin to examine our thoughts with conscious attention, we can deliberately raise our vibration to a higher frequency. We can examine our negative beliefs and replace them with more positive ones. We can absorb information (data which helps us to form ourselves into higher beings). We can reaffirm our understanding of the cosmos as completely interconnected, alive, conscious and compassionate.

When enough repetition has occurred of this positive input, the high frequency becomes permanently established. We experience enlightenment, the eternal awareness of our divinity, the highest coherence of consciousness. We drop our heavy burden of negative emotions and ideas and become literally lighter in mass; and we are illuminated from within by the understanding that the world around us is maya, illusion, and that the true everlasting reality is joy.

As each entity vibrates it emits an energy field. The higher the frequency, the more positive the vibration and the more powerful its field of influence. It is the nature of everything in the cosmos to be attracted toward increasing its own frequency. So as one entity with a high frequency approaches another entity with a lower frequency, the vibration of the second entity is raised up to match that of the first entity. This is called entrainment.

When two entities connect temporarily and are subsequently separated, quantum mechanics clearly shows that they do not lose their energetic connection. They are permanently imprinted with the

memory of their contact. Whatever behavior is generated by the entity of higher frequency will be repeated or mirrored in the second entity, forever. This long-lasting principle of influence is called entanglement.

The science of Upanishad is founded upon the principles of entanglement and entrainment.

The science of Upanishad is founded upon the principles of entanglement and entrainment. The enlightened master generates a powerful energy field which radiates the frequencies of compassion, balance and healing. These vibrations are “contagious”. When others sit in proximity to such a field they “catch” the same experience. Just as in illness, some of those who are exposed are more susceptible, more open to “contagion”, while others may be “immune”.

How to increase one’s affinity for spiritual evolution?

Maintaining a specific lifestyle, described in the sacred writings, enhances positive vibrations and cleanses the self..

Certain factors contribute to opening our receptivity. Maintaining a specific lifestyle, described in the sacred writings, enhances positive vibrations and cleanses the self of much entrenched negativity. This lifestyle generally includes specific nutrition, physical exercise such as hatha yoga, specialized breathing (pranayama), and various forms of meditation. Individual compatibility with a master can also play a role. Masters may dismiss a student whom they feel cannot benefit, or they may refer the student to a different master. Even within the enlightenment zone there are individual differences between masters. Each is unique.

Quantum science confirms unequivocally that thoughts are also particles of energy. They have mass (weight) and occupy space and time. The understandings of the master, his cognition of deep truths and realities beyond the maya of three (or even four) dimensions, are also communicated wordlessly during Upanishad. As the energy of the student becomes congruent with that of the master, these understandings simply reveal themselves.

Upanishad as sacred scripture

In spite of the nonverbal nature of Upanishadic teaching, eventually some aspects were recorded. Instruction shifted from energetic to oral to written as civilization itself followed the same course. Ultimately the anchoring principles of Vedic thought such as the concepts of self-realization, karma, rebirth, and the significance of yoga and meditation as tools for spiritual evolution were set forth in the Upanishads to guide future seekers. In addition, the unique insights of various masters were recorded to benefit those who could not directly sit in their presence.

Relevance of upanishad for daily life today

How can these ancient teachings help us today? How can we benefit by taking time out of our busy lives to “just sit”? And even if we do it, how do we connect with an enlightened master who can generate an energy field to entrain our vibrations to a higher level?

The ancient teachings can offer a direct experience to help us today. As we raise our energy frequency we discover dramatic improvements in our lives, the lives we think we are too busy to step away from. Energy determines everything in our worldview, including health, finances, relationships, career and profession, hobbies, enjoyment and creativity. For example, in a financial transaction, the attitude toward the transaction determines our energy, and our energetic field affects the person we are negotiating with.

Many factors participate, including whether the other party reminds us of someone we like, whether we feel comfortable spending money, and whether we carry specific beliefs, such as that all car salesmen are dishonest. If we carry that belief when we shop for a car, we are likely to either meet a dishonest salesman, or even suggest the thought to an honest salesman that in our case he could cheat us!

As we attune to higher energetic fields we are amazed at how formerly challenging situations become simplified

This is how energy “creates reality”. As we attune to higher energetic fields we are amazed at how formerly challenging situations become simplified. We discover solutions to our financial difficulties, positive ways to communicate with our loved ones, exciting and creative career opportunities. We are

able to jump out of repetitive, self-defeating behavior patterns and beliefs. The world around us sparkles with possibility. This is the “magic”, the “miracle” of Vedic spirituality — bliss at our fingertips.

How do we find someone to teach us these skills and help us use our energy more wisely and productively?

One enlightened master has made himself fully available to both classical and contemporary seekers.

In his groundbreaking work to prove the scientific value of Vedic spirituality, Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji, a young adept and mystic from South India who began his yogic training at age three and has spent his entire life in the cultivation of enlightenment, has led exhaustive tests on the dynamics of Upanishad, examining whether his energy can be transmitted to others, how prolonged the exposure needs to be and how long a “holding effect” is maintained when followers leave his presence. Having achieved enlightenment at the young age of twenty-two, he has experimented extensively with the effects of his own energy field on groups in varied situations, from seasoned practitioners to newcomers without prior experience, in settings ranging from large programs to small training sessions.

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji has discovered that Upanishad can be extended far beyond the original expectation of prolonged physical proximity

Building on the classical ideals of spiritual practice, non-verbal communication and entanglement, Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji has discovered that Upanishad can be extended far beyond the original expectation of prolonged physical proximity. Administering his teachings via video on the Internet, he has observed that seekers across the world can be impacted by his energy. He has increased the impact with the addition of Nayana Deeksha, where the master “sees”. Many disciples see the master, but when the master’s eyes fall upon the disciple, the energy initiation or deeksha is maximized. Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji has facilitated this effect through two-way video conferencing, using cutting-edge technology to expand the ancient concept of “sitting at the master’s feet”.

Quantum mechanics shows us that two entities, once entangled, can be separated by the full width of the universe without losing their bond. But how is that bond established? What determines the ability of two quanta to imprint themselves with each other's energy?

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji tells us that it is our receptivity, our openness to his energy, that creates that bond. Supported by simplified basic daily practice, we can become fully entangled with his energy and be uplifted to a permanent new level of well-being.

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji on upanishad

Question: Do you initiate only the people who are sitting live with you, or do you also initiate those who are watching the recorded discourse later on?

When you melt down and sit with a deep trust the connection happens, the initiation happens..

“Please understand, the initiation happens whenever you melt down in the deep trust and feeling connection with the Master. When you melt down with the trust and deep connection you are sitting live with me. You are coming alive with me, I am coming alive with you. Please understand, I am making an important statement. Sincere seeker, sincere disciple when he sits with a deep melting relaxed mood with the Master, not only Master comes alive with the disciple, disciple comes alive with the Master. Not only disciple feels fulfilled, Master also feels fulfilled. When sincere seeker melts down with the deep trust and relaxes, the transmission of the lamp happens automatically. Whether sitting live with me in two-way conferencing or sitting live with me in the webinar or eNTV or watching this discourse later on in the youtube recording, does not matter. If you are sitting with a deep trust and relaxed mood, understand, I am alive with you, you are alive with me. Sincere seeker, when you sit around me I don't even expect you to do pooja to me or meditate or do any ritual! Just if you sit around me, not only you are feeling the fulfillment, I also am feeling fulfilled. Sitting live with me or listening to the video discourses recorded later on does not matter. When you melt down and sit with a deep trust the connection happens, the initiation happens, the transmission of lamp happens. But one thing, if you have the habit of coming and sitting in the morning satsang, not only the initiation will happen, you will practice these techniques systematically and the next evolving will be more easy. There are so many instructions and understandings which I add continuously every day. If you are watching recorded discourse on youtube, you will not be watching in proper time. The timing may not be proper. So only those difficulties should be avoided. If you are watching the recorded discourse in youtube, decide every day you will sit only at particular time.. watch only yesterday's discourse, that's it. So have the habit of

maintaining that continuity, don't change the date and time of the discourses. If you have the continuity, you will have the effect of watching live TV. When a sincere seeker sits with the Master, thousands of things happen in their system. Upanishad completely awakens your inner being, your inner Self."

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji has spoken extensively on the ancient Indian tradition of gurukul, the tradition of masters and and disciples. Children were left with the master at the age of seven and they grew up centering beautifully in their consciousness. Masters are living embodiments of the scriptural truths. Their thoughts, words and deeds stem from the ultimate Truth. Disciples pick up the truth just by living around them. Swami Sri Mukteshwar Giri, Master of enlightenend master Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji from India and author of Autobiography of Yogi Rupnathji, says, "Sitting with the master is not merely being in the physical presence, but keeping him in your heart, being one with him in principle and tuning oneself to him."

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji comments, " This is the whole teaching of Upanishad. The Master is super-conscious energy. When you tune to him you tune to that energy. You can tune only through innocence and openness."

One devotee relates,

When the whole family is sitting with Guruji (Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji), the inner understanding is so different. The way we think about ourselves, the way we look at other people, the way we deal with our own thought patterns — all have changed. Being aware of our own thought patterns has helped us to bring our married life to a different level, a different understanding.

PRSingapore

Devotion transcends all boundaries of space and time. This emotion vibrates at the highest frequency and can connect us even across thousands of miles with beings we have never met nor spoken with.

When we create that connection we naturally create entrainment for ourselves, following the energy trail of the frequency we desire. As we repeat the experience again and again, it forges entanglement.

Supplementary practices we undertake can strengthen and sustain our intention: daily yoga, prescribed diet, regular meditation and specialized breathing. But the basic essence of Upanishad is as simple as sitting quietly in devotion to a being whose energy we want to emulate.

A devotee recounts his travels with Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji to Allahabad:

In Allahabad when we sat with him (Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji) we had a very rich experience, very mystical in nature which people could not understand. When I returned, every Thursday devotees assembled at my house and worshipped Guruji (Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji) and would also do guru pooja. The experience was rich and the energy was very high. Even after people left, even until two o'clock in the night we could feel the high positive energy in my house. Many people were healed and some people's personal problems were solved.

RSCennai, India

Another account of how "just sitting" can transform our inner space:

We had a long night meditation. We had to sit for a long time and we were not allowed to fall asleep. Usually when I get sleepy I want to give in to it. But during this night, sitting in meditation, I realized that even if I felt sleepy I didn't have to give in to the feeling. And later during the day when I went outside, I felt angry about something and I saw that I didn't have to give in to that feeling either. I can just observe my tendency to get angry and I can just stop it. I can see that it's an emotion that I don't have to get into.

MANetherlands

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji has perfected the other side of Upanishad — the role of the enlightened master, of which the texts themselves say little. He has studied and documented the work of initiating entanglement, and offers to provide this tremendous gift to all who seek it. We have only to hold out our hands and welcome it. Shastrishree Rupnathji(Dr.Rupak Nath) is a Tantra Siddha Maha Yogi since his birth. He is the master of ashta siddhis, radiant light of Yoga knowledge, salvator for mortal beings on earth and capable of giving them the divine experiences, master of masters, immortal. His birth was predicted thousands of years ago in Nadi Grantha."A Yogi is greater than an Ascetic, greater than an Empiricist and greater than the fruitive worker. Therefore, in all circumstances be a Yogi and to be a Yogi search for a Real Satguru by mercy of whom a soul engaging itself with sincere endeavor in making further progress being washed of all contaminations in due course of time, ultimately attains the supreme goal i.e. SALVATION."Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath)'s life is surrounded with numerous stories about miraculous deeds he has performed. There is no any doubt that Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) is highly realized yogi who has acquired many Siddhis and have the miraculous powers on his disposal, which he used discriminately only for the propagation of Dharma. Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) commanded respect for yogis at every place he has visited, and his ways to make this happen is very unconventional, Unpredictable and incredibly powerful, Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) is as alive God amongst people, who knows the past and future and who able to bless and punish, both things which he frequently used to do. Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) is highly spiritual person, and for him there is no any difference between mighty Kings and simple people, as well as between gold and stones. Since young age Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) has been famous for performance of different miracles and there exist lot of stories connected with his childhood, which is impossible to mention in this short space. The life of Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) is full of so many different miracles he has performed, that it is impossible to mention all of them in this short article. For a separate book would be required to mention all of them.